

Convergence in Wasserstein Distance for Empirical Measures of Dirichlet Diffusion Processes on Manifolds*

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Abstract

Let M be a d -dimensional connected compact Riemannian manifold with boundary ∂M , let $V \in C^2(M)$ such that $\mu(dx) := e^{V(x)}dx$ is a probability measure, and let X_t be the diffusion process generated by $L := \Delta + \nabla V$ with $\tau := \inf\{t \geq 0 : X_t \in \partial M\}$. Consider the empirical measure $\mu_t := \frac{1}{t} \int_0^t \delta_{X_s} ds$ under the condition $t < \tau$ for the diffusion process. If $d \leq 3$, then for any initial distribution not fully supported on ∂M ,

$$\begin{aligned} c \sum_{m=1}^{\infty} \frac{2}{(\lambda_m - \lambda_0)^2} &\leq \liminf_{t \rightarrow \infty} \inf_{T \geq t} \left\{ t \mathbb{E} [\mathbb{W}_2(\mu_t, \mu_0)^2 | T < \tau] \right\} \\ &\leq \limsup_{t \rightarrow \infty} \sup_{T \geq t} \left\{ t \mathbb{E} [\mathbb{W}_2(\mu_t, \mu_0)^2 | T < \tau] \right\} \leq \sum_{m=1}^{\infty} \frac{2}{(\lambda_m - \lambda_0)^2} \end{aligned}$$

holds for some constant $c \in (0, 1]$ with $c = 1$ when ∂M is convex, where $\mu_0 := \phi_0^2 \mu$ for the first Dirichlet eigenfunction ϕ_0 of L , $\{\lambda_m\}_{m \geq 0}$ are the Dirichlet eigenvalues of $-L$ listed in the increasing order counting multiplicities, and the upper bound is finite if and only if $d \leq 3$. When $d = 4$, $\sup_{T \geq t} \mathbb{E} [\mathbb{W}_2(\mu_t, \mu_0)^2 | T < \tau]$ decays in the order $t^{-1} \log t$, while for $d \geq 5$ it behaves like $t^{-\frac{2}{d-2}}$, as $t \rightarrow \infty$.

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1 Introduction

Let M be a d -dimensional connected complete Riemannian manifold with a smooth boundary ∂M . Let $V \in C^2(M)$ such that $\mu(dx) = e^{V(x)}dx$ is a probability measure on M , where dx is the Riemannian volume measure. Let X_t be the diffusion process generated by $L := \Delta + \nabla V$ with hitting time

$$\tau := \inf\{t \geq 0 : X_t \in \partial M\}.$$

Denote by \mathcal{P} the set of all probability measures on M , and let \mathbb{E}^ν be the expectation taken for the diffusion process with initial distribution $\nu \in \mathcal{P}$. We consider the empirical measure

$$\mu_t := \frac{1}{t} \int_0^t \delta_{X_s} ds, \quad t > 0$$

under the condition that $t < \tau$. Since $\tau = 0$ when $X_0 \in \partial M$, to ensure $\mathbb{P}^\nu(\tau > t) > 0$, where \mathbb{P}^ν is the probability taken for the diffusion process with initial distribution ν , we only consider

$$\nu \in \mathcal{P}_0 := \{\nu \in \mathcal{P} : \nu(M^\circ) > 0\}, \quad M^\circ := M \setminus \partial M.$$

Let $\mu_0 = \phi_0^2 \mu$, where ϕ_0 is the first Dirichlet eigenfunction. We investigate the convergence rate of $\mathbb{E}^\nu[\mathbb{W}_2(\mu_t, \mu_0)^2 | t < \tau]$ as $t \rightarrow \infty$, where \mathbb{W}_2 is the L^2 -Wasserstein distance induced by the Riemannian metric ρ . In general, for any $p \geq 1$,

$$\mathbb{W}_p(\mu_1, \mu_2) := \inf_{\pi \in \mathcal{C}(\mu_1, \mu_2)} \left(\int_{M \times M} \rho(x, y)^p \pi(dx, dy) \right)^{\frac{1}{p}}, \quad \mu_1, \mu_2 \in \mathcal{P},$$

where $\mathcal{C}(\mu_1, \mu_2)$ is the set of all probability measures on $M \times M$ with marginal distributions μ_1 and μ_2 , and $\rho(x, y)$ is the Riemannian distance between x and y , i.e. the length of the shortest curve on M linking x and y .

Recently, the convergence rate under \mathbb{W}_2 has been characterized in [21] for the empirical measures of the L -diffusion processes without boundary (i.e. $\partial M = \emptyset$) or with a reflecting boundary. Moreover, the convergence of $\mathbb{W}_2(\mu_t^\nu, \mu_0)$ for the conditional empirical measure

$$\mu_t^\nu := \mathbb{E}^\nu(\mu_t | t < \tau), \quad t > 0$$

is investigated in [20]. Comparing with $\mathbb{E}^\nu[\mathbb{W}_2(\mu_t, \mu_0)^2 | t < \tau]$, in μ_t^ν the conditional expectation inside the Wasserstein distance. According to [20], $\mathbb{W}_2(\mu_t^\nu, \mu_0)^2$ behaves as t^{-2} , whereas the following result says that $\mathbb{E}[\mathbb{W}_2(\mu_t, \mu_0)^2 | t < \tau]$ decays at a slower rate, which coincides with the rate of $\mathbb{E}[\mathbb{W}_2(\hat{\mu}_t, \mu)^2]$ given by [21, Theorems 1.1, 1.2], where $\hat{\mu}_t$ is the empirical measure of the reflecting diffusion process generated by L .

Theorem 1.1. *Let $\{\lambda_m\}_{m \geq 0}$ be the Dirichlet eigenvalues of $-L$ listed in the increasing order counting multiplicities. Then for any $\nu \in \mathcal{P}_0$, the following assertions hold.*

(1) *In general,*

$$(1.1) \quad \limsup_{t \rightarrow \infty} \left\{ t \sup_{T \geq t} \mathbb{E}^\nu[\mathbb{W}_2(\mu_t, \mu_0)^2 | T < \tau] \right\} \leq \sum_{m=1}^{\infty} \frac{2}{(\lambda_m - \lambda_0)^2},$$

and there exists a constant $c > 0$ such that

$$(1.2) \quad \liminf_{t \rightarrow \infty} \left\{ t \inf_{T \geq t} \mathbb{E}^\nu [\mathbb{W}_2(\mu_t, \mu_0)^2 | T < \tau] \right\} \geq c \sum_{m=1}^{\infty} \frac{2}{(\lambda_m - \lambda_0)^2}.$$

If ∂M is convex, then (1.2) holds for $c = 1$ so that

$$\lim_{t \rightarrow \infty} \left\{ t \mathbb{E}^\nu [\mathbb{W}_2(\mu_t, \mu_0)^2 | T < \tau] \right\} = \sum_{m=1}^{\infty} \frac{2}{(\lambda_m - \lambda_0)^2} \text{ uniformly in } T \geq t.$$

(2) When $d = 4$, there exists a constant $c > 0$ such that

$$(1.3) \quad \sup_{T \geq t} \mathbb{E}^\nu [\mathbb{W}_2(\mu_t, \mu_0)^2 | T < \tau] \leq ct^{-1} \log t, \quad t \geq 2.$$

(3) When $d \geq 5$, there exist a constant $c > 1$ such that

$$c^{-1} t^{-\frac{2}{d-2}} \leq \mathbb{E}^\nu [\mathbb{W}_1(\mu_t, \mu_0)^2 | T < \tau] \leq \mathbb{E}^\nu [\mathbb{W}_2(\mu_t, \mu_0)^2 | T < \tau] \leq ct^{-\frac{2}{d-2}}, \quad T \geq t \geq 2.$$

Let X_t^0 be the diffusion process generated by $L_0 := L + 2\nabla \log \phi_0$ in M° . It is well known that for any initial distribution supported on M° , the law of $\{X_s^0 : s \in [0, t]\}$ is the weak limit of the conditional distribution of $\{X_s : s \in [0, t]\}$ given $T < \tau$ as $T \rightarrow \infty$. Therefore, the following is a direct consequence of Theorem 1.1.

Corollary 1.2. Let $\mu_t^0 = \frac{1}{t} \int_0^t \delta_{X_s^0} ds$. Let $\nu \in \mathcal{P}_0$ with $\nu(M^\circ) = 1$.

(1) In general,

$$\limsup_{t \rightarrow \infty} \left\{ t \mathbb{E}^\nu [\mathbb{W}_2(\mu_t^0, \mu_0)^2] \right\} \leq \sum_{m=1}^{\infty} \frac{2}{(\lambda_m - \lambda_0)^2},$$

and there exists a constant $c > 0$ such that

$$\liminf_{t \rightarrow \infty} \left\{ t \inf_{T \geq t} [\mathbb{W}_2(\mu_t^0, \mu_0)^2] \right\} \geq c \sum_{m=1}^{\infty} \frac{2}{(\lambda_m - \lambda_0)^2}.$$

If ∂M is convex, then

$$\lim_{t \rightarrow \infty} \left\{ t \mathbb{E}^\nu [\mathbb{W}_2(\mu_t, \mu_0)^2] \right\} = \sum_{m=1}^{\infty} \frac{2}{(\lambda_m - \lambda_0)^2}.$$

(2) When $d = 4$, there exists a constant $c > 0$ such that

$$\mathbb{E}^\nu [\mathbb{W}_2(\mu_t^0, \mu_0)^2] \leq ct^{-1} \log t, \quad t \geq 2.$$

(3) When $d \geq 5$, there exists a constant $c > 1$ such that

$$c^{-1} t^{-\frac{2}{d-2}} \leq \mathbb{E}^\nu [\mathbb{W}_2(\mu_t^0, \mu_0)^2] \leq ct^{-\frac{2}{d-2}}, \quad t \geq 2.$$

In the next section, we first recall some facts on the Dirichlet semigroup and the diffusion semigroup P_t^0 generated by $L_0 := L + 2\nabla \log \phi_0$, then establish the Bismut derivative formula for P_t^0 which will be used to estimate the lower bound of $\mathbb{E}^\nu [\mathbb{W}_2(\mu_t, \mu_0)^2 | t < \tau]$. With these preparations, we prove Propositions 3.1 and 4.1 in Sections 3 and 4 respectively, which imply Theorem 1.1.

2 Some preparations

As in [21], we first recall some well known facts on the Dirichlet semigroup, see for instances [5, 6, 12, 19]. Let $\{\phi_m\}_{m \geq 0}$ be the eigenbasis of the Dirichlet operator L in $L^2(\mu)$, with Dirichlet eigenvalues $\{\lambda_m\}_{m \geq 0}$ of $-L$ listed in the increasing order counting multiplicities. Then $\lambda_0 > 0$ and

$$(2.1) \quad \|\phi_m\|_\infty \leq \alpha_0 \sqrt{m}, \quad \alpha_0^{-1} m^{\frac{2}{d}} \leq \lambda_m - \lambda_0 \leq \alpha_0 m^{\frac{2}{d}}, \quad m \geq 1$$

holds for some constant $\alpha_0 > 1$. Let ρ_∂ be the Riemannian distance function to the boundary ∂M . Then $\phi_0^{-1} \rho_\partial$ is bounded such that

$$(2.2) \quad \|\phi_0^{-1}\|_{L^p(\mu_0)} < \infty, \quad p \in [1, 3).$$

The Dirichlet heat kernel has the representation

$$(2.3) \quad p_t^D(x, y) = \sum_{m=0}^{\infty} e^{-\lambda_m t} \phi_m(x) \phi_m(y), \quad t > 0, x, y \in M.$$

Let \mathbb{E}^x denote the expectation for the L -diffusion process starting at point x . Then Dirichlet diffusion semigroup generated by L is given by

$$(2.4) \quad \begin{aligned} P_t^D f(x) &:= \mathbb{E}^x[f(X_t) 1_{\{t < \tau\}}] = \int_M p_t^D(x, y) f(y) \mu(dy) \\ &= \sum_{m=0}^{\infty} e^{-\lambda_m t} \mu(\phi_m f) \phi_m(x), \quad t > 0, f \in L^2(\mu). \end{aligned}$$

Consequently,

$$(2.5) \quad \lim_{t \rightarrow \infty} \{e^{\lambda_0 t} \mathbb{P}^\nu(t < \tau)\} = \lim_{t \rightarrow \infty} \{e^{\lambda_0 t} \nu(P_t^D 1)\} = \mu(\phi_0) \nu(\phi_0), \quad \nu \in \mathcal{P}_0.$$

Moreover, there exists a constant $c > 0$ such that

$$(2.6) \quad \|P_t^D\|_{L^p(\mu) \rightarrow L^q(\mu)} := \sup_{\mu(|f|^p) \leq 1} \|P_t^D f\|_{L^q(\mu)} \leq c e^{-\lambda_0 t} (1 \wedge t)^{-\frac{d(q-p)}{2pq}}, \quad t > 0, q \geq p \geq 1.$$

On the other hand, let $L_0 = L + 2\nabla \log \phi_0$. Noting that $L_0 f = \phi_0^{-1} L(f \phi_0) + \lambda_0 f$, L_0 is a self-adjoint operator in $L^2(\mu_0)$ and the associated semigroup $P_t^0 := e^{tL_0}$ satisfies

$$(2.7) \quad P_t^0 f = e^{\lambda_0 t} \phi_0^{-1} P_t^D(f \phi_0), \quad f \in L^2(\mu_0), \quad t \geq 0.$$

So, $\{\phi_0^{-1} \phi_m\}_{m \geq 0}$ is an eigenbasis of L_0 in $L^2(\mu_0)$ with

$$(2.8) \quad L_0(\phi_m \phi_0^{-1}) = -(\lambda_m - \lambda_0) \phi_m \phi_0^{-1}, \quad P_t^0(\phi_m \phi_0^{-1}) = e^{-(\lambda_m - \lambda_0)t} \phi_m \phi_0^{-1}, \quad m \geq 0, t \geq 0.$$

Consequently,

$$(2.9) \quad P_t^0 f = \sum_{m=0}^{\infty} \mu_0(f \phi_m \phi_0^{-1}) e^{-(\lambda_m - \lambda_0)t} \phi_m \phi_0^{-1}, \quad f \in L^2(\mu_0),$$

and the heat kernel of P_t^0 with respect to μ_0 is given by

$$(2.10) \quad p_t^0(x, y) = \sum_{m=0}^{\infty} (\phi_m \phi_0^{-1})(x) (\phi_m \phi_0^{-1})(y) e^{-(\lambda_m - \lambda_0)t}, \quad x, y \in M, t > 0.$$

By the intrinsic ultracontractivity, see for instance [13], there exists a constant $\alpha_1 \geq 1$ such that

$$(2.11) \quad \|P_t^0 - \mu_0\|_{L^1(\mu_0) \rightarrow L^\infty(\mu_0)} := \sup_{\mu_0(|f|) \leq 1} \|P_t^0 f - \mu_0(f)\|_\infty \leq \frac{\alpha_1 e^{-(\lambda_1 - \lambda_0)t}}{(1 \wedge t)^{\frac{d+2}{2}}}, \quad t > 0.$$

Combining this with the semigroup property and the contraction of P_t^0 in $L^p(\mu)$ for any $p \geq 1$, we find a constant $\alpha_2 \geq 1$ such that

$$(2.12) \quad \|P_t^0 - \mu_0\|_{L^p(\mu_0)} := \sup_{\mu_0(|f|^p) \leq 1} \|P_t^0 f - \mu_0(f)\|_{L^p(\mu_0)} \leq \alpha_2 e^{-(\lambda_1 - \lambda_0)t}, \quad t \geq 0, p \geq 1.$$

By the interpolation theorem, (2.11) and (2.12) yield that for some constant $\alpha_3 > 0$,

$$(2.13) \quad \|P_t^0 - \mu_0\|_{L^p(\mu_0) \rightarrow L^q(\mu_0)} \leq \alpha_3 e^{-(\lambda_1 - \lambda_0)t} \{1 \wedge t\}^{-\frac{(d+2)(q-p)}{2pq}}, \quad t > 0, \infty \geq q > p \geq 1.$$

By this and (2.8), there exists a constant $\alpha_4 > 0$ such that

$$(2.14) \quad \|\phi_m \phi_0^{-1}\|_\infty \leq \alpha_4 m^{\frac{d+2}{2d}}, \quad m \geq 1.$$

In the remainder of this section, we establish the Bismut derivative formula for P_t^0 , which is not included by existing results due to the singularity of $\nabla \log \phi_0$ in L_0 . Let X_t^0 be the diffusion process generated by L_0 , which solves the following Itô SDE on M° , see [8]:

$$(2.15) \quad d^I X_t^0 = \nabla(V + 2 \log \phi_0)(X_t^0) dt + \sqrt{2} U_t dB_t,$$

where B_t is the d -dimensional Brownian motion, and $U_t \in O_{X_t^0}(M)$ is the horizontal lift of X_t^0 to the frame bundle $O(M)$. Let Ric and Hess be the Ricci curvature and the Hessian tensor on M respectively. Then the Bakry-Emery curvature of L_0 is given by

$$\text{Ric}_{L_0} := \text{Ric} - \text{Hess}_{V+2 \log \phi_0}.$$

Let $\text{Ric}_{L_0}^\#(U_t) \in \mathbb{R}^d \otimes \mathbb{R}^d$ be defined by

$$\langle \text{Ric}_{L_0}^\#(U_t) a, b \rangle_{\mathbb{R}^d} = \text{Ric}_{L_0}(U_t a, U_t b), \quad a, b \in \mathbb{R}^d.$$

We consider the following ODE on $\mathbb{R}^d \otimes \mathbb{R}^d$:

$$(2.16) \quad \frac{d}{dt} Q_t = -\text{Ric}_{L_0}^\#(U_t) Q_t, \quad Q_0 = I,$$

where I is the identity matrix.

Lemma 2.1. *For any $\varepsilon > 0$, there exist constants $\delta_1, \delta_2 > 0$ such that*

$$(2.17) \quad \mathbb{E}^x \left[e^{\delta_1 \int_0^t \{\phi_0(X_s)\}^{-2} ds} \right] \leq \delta_2 \phi_0^{-\varepsilon}(x) e^{\delta_2 t}, \quad t \geq 0, x \in M^\circ.$$

Consequently,

(1) *For any $\varepsilon > 0$ and $p > 1$, there exists a constant $\kappa > 0$ such that*

$$|\nabla P_t f(x)|^2 \leq \kappa \phi_0(x)^{-\varepsilon} e^{\kappa t} \{P_t |\nabla f|^{2p}(x)\}^{\frac{1}{p}}, \quad f \in C_b^1(M).$$

(2) *For any $\varepsilon > 0$ and $p \geq 1$, there exists a constant $\kappa > 0$ such that for any stopping time τ' ,*

$$\mathbb{E}^x [\|Q_{t \wedge \tau'}\|^p] \leq \kappa \phi_0(x)^{-\varepsilon} e^{\kappa t}, \quad t \geq 0.$$

Proof. Since $L\phi_0 = -\lambda_0\phi_0$, $\phi_0 > 0$ in M° , $\|\phi_0\|_\infty < \infty$ and $|\nabla\phi_0|$ is strictly positive in a neighborhood of ∂M , we find a constant $c_1, c_2 > 0$ such that

$$L_0 \log \phi_0^{-1} = -\phi_0^{-1} L\phi_0 + \phi_0^{-2} |\nabla\phi_0|^2 - 2\phi_0^{-2} |\nabla\phi_0|^2 \leq c_1 - c_2 \phi_0^{-2}.$$

So, by (2.15) and Itô's formula, we obtain

$$d \log \phi_0^{-1}(X_t^0) \leq \{c_1 - c_2 \phi_0^{-2}(X_t^0)\} dt + \sqrt{2} \langle \nabla \log \phi_0^{-1}(X_t^0), U_t dB_t \rangle.$$

This implies

$$(2.18) \quad \mathbb{E}^x \int_0^t [\phi_0^{-2}(X_s^0)] ds \leq ct + c \log(1 + \phi_0^{-1})(x), \quad t \geq 0$$

for some constant $c > 0$, and for any constant $\delta > 0$,

$$\begin{aligned} \mathbb{E}^x \left[e^{\delta c_2 \int_0^t \phi_0^{-2}(X_s^0) ds} \right] &\leq \mathbb{E}^x \left[e^{\delta \log \phi_0^{-1}(x) + \delta \log \phi_0(X_t^0) + c_1 \delta t - \delta \sqrt{2} \int_0^t \langle \nabla \log \phi_0(X_s^0), U_s dB_s \rangle} \right] \\ &\leq e^{c_1 \delta t} \phi_0^{-\delta}(x) \|\phi_0\|_\infty^\delta \left(\mathbb{E}^x \left[e^{4\delta^2 \int_0^t |\nabla \log \phi_0|^2(X_s^0) ds} \right] \right)^{\frac{1}{2}}. \end{aligned}$$

Let $c_3 = 4\|\nabla\phi_0\|_\infty^2$, and take $\delta \in (0, c_2/c_3]$, we derive

$$\mathbb{E}^x \left[e^{\delta c_2 \int_0^t \phi_0^{-2}(X_s^0) ds} \right] \leq e^{2c_1 \delta t} \phi_0^{-2\delta}(x), \quad \delta \in (0, c_2/c_3].$$

This implies (2.17). Below we prove assertions (1) and (2) respectively.

Since $V \in C_b^2(M)$ and $\phi_0 \in C_b^2(M)$ with $\phi_0 > 0$ in M° , there exists a constant $\alpha_1 > 0$ such that

$$(2.19) \quad \text{Ric}_{L_0}(U, U) \geq -\alpha_1 \phi_0^{-1}(x) |U|^2, \quad x \in M^\circ, U \in T_x M.$$

By (2.15), (2.19), and the formulas of Itô and Bochner, for fixed $t > 0$ this implies

$$\begin{aligned} d|\nabla P_{t-s}^0 f|^2(X_s^0) &= \{L_0 |\nabla P_{t-s}^0 f|^2(X_s^0) - 2\langle \nabla P_{t-s}^0 f, \nabla L_0 P_{t-s}^0 f \rangle\} ds + \sqrt{2} \langle \nabla |\nabla P_{t-s}^0 f|^2(X_s^0), U_s dB_s \rangle \end{aligned}$$

$$\begin{aligned}
&\geq 2\text{Ric}_{L^0}(\nabla P_{t-s}^0 f, \nabla P_{t-s}^0 f)(X_s^0)ds + \sqrt{2}\langle \nabla |\nabla P_{t-s}^0 f|^2(X_s^0), U_s dB_s \rangle \\
&\geq -2\alpha_1\{\phi_0^{-1}|\nabla P_{t-s}^0 f|^2\}(X_s^0)ds + \sqrt{2}\langle \nabla |\nabla P_{t-s}^0 f|^2(X_s), U_s dB_s \rangle ds.
\end{aligned}$$

Then

$$\begin{aligned}
|\nabla P_t f(x)|^2 &= \mathbb{E}^x |\nabla P_t f|^2(X_0^0) \leq \mathbb{E}^x [|\nabla f|^2(X_t^0) e^{2\int_0^t 2\alpha_1 \phi^{-1}(X_u^0) du}] \\
&\leq \left\{ \mathbb{E}^x e^{\frac{2\alpha_1 p}{p-1} \int_0^t \phi^{-1}(X_u^0) du} \right\}^{\frac{p-1}{p}} \{P_t |\nabla f|^{2p}(x)\}^{\frac{1}{p}}.
\end{aligned}$$

Combining this with (2.17), we prove (1).

Next, by (2.16) and (2.19), we obtain

$$\|Q_{t \wedge \tau'}\| \leq e^{\alpha_1 \int_0^t \phi^{-1}(X_s^0) ds}, \quad t \geq 0.$$

This together with (2.17) implies (2). □

Lemma 2.2. *For any $t > 0$ and $\gamma \in C^1([0, t])$ with $\gamma(0) = 0$ and $\gamma(t) = 1$, we have*

$$(2.20) \quad \nabla P_t^0 f(x) = \mathbb{E}^x \left[f(X_t^0) \int_0^t \gamma'(s) Q_s^* dB_s \right], \quad x \in M^\circ, f \in \mathcal{B}_b(M^\circ).$$

Consequently, for any $\varepsilon > 0$ and $p > 1$, here exists a constant $c > 0$ such that

$$(2.21) \quad |\nabla P_t^0 f| \leq \frac{c\phi_0^{-\varepsilon}}{\sqrt{1 \wedge t}} (P_t^0 |f|^p)^{\frac{1}{p}}, \quad t > 0, f \in \mathcal{B}_b(M^\circ).$$

Proof. Since (2.21) follows from (2.20) with $\gamma(s) := \frac{t-s}{t}$ and Lemma 2.1(2), it suffices to prove the Bismut formula (2.20). By an approximation argument, we only need to prove for $f \in C_b^1(M)$. The proof is standard by Elworthy-Li's martingale argument [7], see also [15]. By $\|\nabla f\|_\infty < \infty$ and Lemma 2.1(1) for $\varepsilon = \frac{1}{4}$, we find a constant $c_1 > 0$ such that

$$(2.22) \quad |\nabla P_s^0 f|(x) \leq c_1 \phi_0^{-1/4}(x), \quad s \in [0, t], x \in M^\circ.$$

Next, since $L\phi_0 = -\lambda_0\phi_0$ implies $L_0\phi_0^{-1} = \lambda_0\phi_0^{-1}$, by Itô's formula we obtain

$$(2.23) \quad \mathbb{E}^x [\phi_0^{-1}(X_{t \wedge \tau_n}^0)] \leq \phi_0^{-1}(x) e^{\lambda_0 t}, \quad t \geq 0, n \geq 1,$$

where $\tau_n := \inf\{t \geq 0 : \phi_0(X_s^0) \leq \frac{1}{n}\} \uparrow \infty$ as $n \uparrow \infty$ by noting that the process X_t^0 is non-explosive in M° .

Moreover, by Itô's formula, for any $a \in \mathbb{R}^d$, we have

$$\begin{aligned}
d\langle \nabla P_{t-s}^0 f(X_s^0), U_s Q_s a \rangle &= \sqrt{2} \text{Hess}_{P_{t-s}^0 f}(U_s dB_s, U_s Q_s a)(X_s^0), \\
dP_{t-s}^0 f(X_s^0) &= \sqrt{2} \langle \nabla P_{t-s}^0 f(X_s^0), U_s dB_s \rangle, \quad s \in [0, t].
\end{aligned}$$

Due to the integration by part formula, this and $\gamma(0) = 0$ imply

$$\begin{aligned}
& -\frac{1}{\sqrt{2}}\mathbb{E}^x\left[f(X_{t\wedge\tau_n}^0)\int_0^{t\wedge\tau_n}\gamma'(s)\langle Q_s a, dB_s\rangle\right] \\
& = \mathbb{E}\left[\int_0^{t\wedge\tau_n}\langle \nabla P_{t-s}^0 f(X_s^0), U_s Q_s a\rangle d(1-\gamma)(s)\right] \\
(2.24) \quad & = \mathbb{E}\left[(1-\gamma)(t\wedge\tau_n)\langle \nabla P_{t-t\wedge\tau_n}^0 f(X_{t\wedge\tau_n}^0), Q_{t\wedge\tau_n} a\rangle\right] - \langle \nabla P_t f(x), U_0 a\rangle \\
& \quad - \mathbb{E}\left[\int_0^{t\wedge\tau_n}(1-\gamma)(s)d\langle \nabla P_{t-s}^0 f(X_s^0), U_s Q_s a\rangle\right] \\
& = \mathbb{E}\left[(1-\gamma)(t\wedge\tau_n)\langle \nabla P_{t-t\wedge\tau_n}^0 f(X_{t\wedge\tau_n}^0), Q_{t\wedge\tau_n} a\rangle\right] - \langle \nabla P_t f(x), U_0 a\rangle, \quad n \geq 1.
\end{aligned}$$

Since γ is bounded with $\gamma(t) = 1$ such that $(1-\gamma)(t\wedge\tau_n) \rightarrow 0$ as $n \rightarrow \infty$, and (2.22), (2.23) and Lemma 2.1(2) imply

$$\sup_{n \geq 1} \mathbb{E}^x[\langle \nabla P_{t-t\wedge\tau_n}^0 f(X_{t\wedge\tau_n}^0), Q_{t\wedge\tau_n} a\rangle^2] \leq c_1 \sup_{n \geq 1} (\mathbb{E}[\phi_0^{-1}(X_{t\wedge\tau_n}^0)])^{\frac{1}{2}} (\mathbb{E}^x\|Q_{t\wedge\tau_n}\|^4)^{\frac{1}{2}} < \infty,$$

by the dominated convergence theorem, we may take $n \rightarrow \infty$ in (2.24) to derive (2.20). \square

3 Upper bound estimates

In this section we prove the following result which includes upper bound estimates in Theorem 1.1.

Proposition 3.1. *Let $\nu \in \mathcal{P}_0$.*

- (1) (1.1) holds.
- (2) When $d = 4$, there exists a constant $c > 0$ such that (1.3) holds.
- (3) When $d \geq 5$, there exists a constant $c > 0$ such that

$$\sup_{T \geq t} \mathbb{E}^\nu[\mathbb{W}_2(\mu_t, \mu_0)^2 | T < \tau] \leq ct^{-\frac{2}{d-2}}, \quad t \geq 2.$$

The main tool in the study of the upper bound estimate is the following inequality due to [1], see also [21, Lemma 2.3]: for any probability density $g \in L^2(\mu_0)$,

$$(3.1) \quad \mathbb{W}_2(g\mu_0, \mu_0)^2 \leq \int_M \frac{|\nabla L_0(g-1)|^2}{\mathcal{M}(g, 1)} d\mu_0,$$

where $\mathcal{M}(a, b) := \frac{a-b}{\log a - \log b} 1_{\{a \wedge b > 0\}}$. To apply this inequality, as in [21], we first modify μ_t by $\mu_{t,r} := \mu_t P_r^0$ for some $r > 0$, where for a probability measure ν on M° , νP_r^0 is the law of the L_0 -diffusion process X_r^0 with initial distribution ν . Obviously, by (2.10) we have

$$\begin{aligned}
(3.2) \quad \rho_{t,r} &:= \frac{d\mu_{t,r}}{d\mu_0} = \frac{1}{t} \int_0^t p_r^0(X_s, \cdot) ds = 1 + \sum_{m=1}^{\infty} e^{-(\lambda_m - \lambda_0)r} \psi_m(t) \phi_m \phi_0^{-1}, \\
\psi_m(t) &:= \frac{1}{t} \int_0^t \{\phi_m \phi_0^{-1}\}(X_s) ds,
\end{aligned}$$

which are well-defined on the event $\{t < \tau\}$.

Lemma 3.2. *If $d \leq 3$ and $\nu = h\mu$ with $h\phi_0^{-1} \in L^p(\mu_0)$ for some $p > \frac{d+2}{2}$, then there exists a constant $c > 0$ such that*

$$\begin{aligned} & \sup_{T \geq t} \left| t\mathbb{E}^\nu [\mu_0(|\nabla L_0^{-1}(\rho_{t,r} - 1)|^2) | T < \tau] - 2 \sum_{m=1}^{\infty} \frac{e^{-2(\lambda_m - \lambda_0)r}}{(\lambda_m - \lambda_0)^2} \right| \\ & \leq ct^{-1} \left(r^{-\frac{(d-2)^+}{2}} + 1_{\{d=2\}} \log r^{-1} \right), \quad r \in (0, 1], t \geq 1. \end{aligned}$$

Proof. By the Markov property, (2.7) and (2.4), we have

$$\begin{aligned} (3.3) \quad & \mathbb{E}^x[f(X_s)1_{\{T < \tau\}}] = \mathbb{E}^x[1_{\{s < \tau\}}f(X_s)\mathbb{E}^{X_s}1_{\{T-s < \tau\}}] \\ & = P_s^D\{fP_{T-s}^D 1\}(x) = e^{-\lambda_0 T}(\phi_0 P_s^0\{fP_{T-s}^0 \phi_0^{-1}\})(x), \quad s < T. \end{aligned}$$

By the same reason, and noting that $\mathbb{E}^\nu = \int_M \mathbb{E}^x \nu(dx)$, we derive

$$\begin{aligned} & \mathbb{E}^\nu[f(X_{s_1})f(X_{s_2})1_{\{T < \tau\}}] = \int_M \mathbb{E}^x[1_{\{s_1 < \tau\}}f(X_{s_1})\mathbb{E}^{X_{s_1}}\{f(X_{s_2-s_1})1_{\{T-s_1 < \tau\}}\}]\nu(dx) \\ & = e^{-\lambda_0 T} \nu(\phi_0 P_{s_1}^0[fP_{s_2-s_1}^0\{fP_{T-s_2}^0 \phi_0^{-1}\}]), \quad s_1 < s_2 < T. \end{aligned}$$

In particular, the formula with $f = 1$ yields

$$\mathbb{P}^\nu(T < \tau) = e^{-\lambda_0 T} \nu(\phi_0 P_T^0 \phi_0^{-1}).$$

Combining these with (3.2), (2.8), $\mathbb{E}^\nu(\xi | T < \tau) := \frac{\mathbb{E}^\nu[\xi 1_{\{T < \tau\}}]}{\mathbb{P}^\nu(T < \tau)}$ for an integrable random variable ξ , and the symmetry of P_t^0 in $L^2(\mu_0)$, for $\nu = h\mu$ we obtain

$$\begin{aligned} (3.4) \quad & t\mathbb{E}^\nu[\mu_0(|\nabla L_0^{-1}(\rho_{t,r} - 1)|^2) | T < \tau] = \sum_{m=1}^{\infty} \frac{t\mathbb{E}^\nu[\psi_m(t)^2 | T < \tau]}{e^{2(\lambda_m - \lambda_0)r}(\lambda_m - \lambda_0)} \\ & = \sum_{m=1}^{\infty} \frac{2 \int_0^t ds_1 \int_{s_1}^t \mathbb{E}^\nu[1_{\{T < \tau\}}(\phi_m \phi_0^{-1})(X_{s_1})(\phi_m \phi_0^{-1})(X_{s_2})] ds_2}{te^{2(\lambda_m - \lambda_0)r}(\lambda_m - \lambda_0)\nu(\phi_0 P_T^0 \phi_0^{-1})} \\ & = \sum_{m=1}^{\infty} \frac{2 \int_0^t ds_1 \int_{s_1}^t \nu(\phi_0^{-1} P_{s_1}^0\{\phi_m \phi_0^{-1} P_{s_2-s_1}^0[\phi_m \phi_0^{-1} P_{T-s_2}^0 \phi_0^{-1}]\}) ds_2}{te^{2(\lambda_m - \lambda_0)r}(\lambda_m - \lambda_0)\nu(\phi_0 P_T^0 \phi_0^{-1})} \\ & = \sum_{m=1}^{\infty} \frac{2 \int_0^t ds_1 \int_{s_1}^t \mu_0(\{P_{s_1}^0(h\phi_0^{-1})\}\phi_m \phi_0^{-1} P_{s_2-s_1}^0[\phi_m \phi_0^{-1} P_{T-s_2}^0 \phi_0^{-1}]) ds_2}{te^{2(\lambda_m - \lambda_0)r}(\lambda_m - \lambda_0)\mu_0(\phi_0^{-1} P_T^0(h\phi_0^{-1}))}. \end{aligned}$$

By (2.13), $\|\phi_0^{-1}\|_{L^2(\mu_0)} = 1$ and $\|h\phi_0^{-1}\|_{L^1(\mu_0)} = \mu(h\phi_0) \leq \|\phi_0\|_\infty < \infty$, we find a constant $c_1 > 0$ such that

$$\begin{aligned} (3.5) \quad & |\mu_0(\phi_0^{-1} P_T^0(h\phi_0^{-1})) - \mu(\phi_0)\nu(\phi_0)| \leq \|\phi_0^{-1}(P_T^0 - \mu_0)(h\phi_0^{-1})\|_{L^1(\mu_0)} \\ & \leq \|P_T^0 - \mu_0\|_{L^1(\mu_0) \rightarrow L^2(\mu_0)} \|h\phi_0^{-1}\|_{L^1(\mu_0)} \leq c_1 e^{-(\lambda_1 - \lambda_0)T}, \quad T \geq 1. \end{aligned}$$

On the other hand, write

$$(3.6) \quad \begin{aligned} & \mu_0(\{P_{s_1}^0(h\phi_0^{-1})\}\phi_m\phi_0^{-1}P_{s_2-s_1}^0[\phi_m\phi_0^{-1}P_{T-s_2}^0\phi_0^{-1}]) \\ &= \nu(\phi_0)\mu(\phi_0)e^{-(\lambda_m-\lambda_0)(s_2-s_1)} + J_1(s_1, s_2) + J_2(s_1, s_2) + J_3(s_1, s_2), \end{aligned}$$

where, due to (2.8),

$$\begin{aligned} J_1(s_1, s_2) &:= \mu_0(\{P_{s_1}^0(h\phi_0^{-1}) - \mu(h\phi_0)\}\phi_m\phi_0^{-1}P_{s_2-s_1}^0[\phi_m\phi_0^{-1}(P_{T-s_2}^0\phi_0^{-1} - \mu(\phi_0))]), \\ J_2(s_1, s_2) &:= \mu(\phi_0)e^{-(\lambda_m-\lambda_0)(s_2-s_1)}\mu_0(\{P_{s_1}^0(h\phi_0^{-1}) - \mu(h\phi_0)\}\{\phi_m\phi_0^{-1}\}^2), \\ J_3(s_1, s_2) &:= \mu(h\phi_0)e^{-(\lambda_m-\lambda_0)(s_2-s_1)}\mu_0(\{\phi_m\phi_0^{-1}\}^2\{P_{T-s_2}^0\phi_0^{-1} - \mu(\phi_0)\}). \end{aligned}$$

By (3.4), (3.5) and (3.6), we find a constant $\kappa > 0$ such that

$$(3.7) \quad \begin{aligned} & \sup_{T \geq t} \left| t\mathbb{E}^\nu[\mu_0(|\nabla L_0^{-1}(\rho_{t,r} - 1)|^2)|T < \tau] - 2 \sum_{m=1}^{\infty} \frac{e^{-2(\lambda_m-\lambda_0)r}}{(\lambda_m - \lambda_0)^2} \right| \\ & \leq \frac{\kappa}{t} \sum_{m=1}^{\infty} \left(\frac{e^{-2(\lambda_m-\lambda_0)r}}{(\lambda_m - \lambda_0)^2} + \frac{e^{-2(\lambda_m-\lambda_0)r}}{\lambda_m - \lambda_0} \int_0^t ds_1 \int_{s_1}^t |J_1 + J_2 + J_3|(s_2, s_2) ds_2 \right), \quad t \geq 1. \end{aligned}$$

Since $\|h\phi_0^{-1}\|_{L^p(\mu_0)} < \infty$, $\|\phi_0^{-1}\|_{L^\theta(\mu_0)} < \infty$ for $\theta < 3$ due to (2.2), $\|\phi_m\phi_0^{-1}\|_{L^2(\mu_0)} = 1$, by (2.13), for any $\theta \in (\frac{5}{2}, 3)$, we find constants $c_1, c_2 > 0$ such that

$$(3.8) \quad \begin{aligned} |J_1(s_1, s_2)| &\leq c_1 \|P_{s_1}^0 - \mu_0\|_{L^p(\mu_0) \rightarrow L^\infty(\mu_0)} \|P_{T-s_2}^0 - \mu_0\|_{L^\theta(\mu_0) \rightarrow L^\infty(\mu_0)} \\ &\leq c_2 e^{-(\lambda_1-\lambda_0)(s_1+T-s_2)} (1 \wedge s_1)^{-\frac{d+2}{2p}} \{1 \wedge (T-s_2)\}^{-\frac{d+2}{2\theta}}, \end{aligned}$$

and

$$(3.9) \quad \begin{aligned} & |(J_2 + J_3)(s_1, s_2)| \\ & \leq c_1 e^{-(\lambda_m-\lambda_0)(s_2-s_1)} (\|P_{s_1}^0 - \mu_0\|_{p \rightarrow \infty} + \|P_{T-s_2}^0 - \mu_0\|_{L^\theta(\mu_0) \rightarrow L^\infty(\mu_0)}) \\ & \leq c_2 e^{-(\lambda_m-\lambda_0)(s_2-s_1)} (\{1 \wedge s_1\}^{-\frac{d+2}{2p}} e^{-(\lambda_1-\lambda_0)s_1} + \{1 \wedge (T-s_2)\}^{-\frac{d+2}{2\theta}} e^{-(\lambda_1-\lambda_0)(t-s_2)}). \end{aligned}$$

Since $q > \frac{5}{2}$ and $p > \frac{d+2}{2}$ imply $\frac{d+2}{2q} \vee \frac{d+2}{2p} < 1$ for $d \leq 3$, by (3.8) and (3.9), we find a constant $c > 0$ such that

$$\int_0^t ds_1 \int_{s_1}^t |J_1 + J_2 + J_3|(s_1, s_2) ds_2 \leq \frac{c}{t}, \quad T \geq t \geq 1, m \geq 1.$$

Combining this with (3.7) and (2.1), we find constants $c_3, c_4, c_5, c_6 > 0$ such that

$$\begin{aligned} & \sup_{T \geq t} \left| t\mathbb{E}^\nu[\mu_0(|\nabla L_0^{-1}(\rho_{t,r} - 1)|^2)|T < \tau] - \sum_{m=0}^{\infty} \frac{e^{-(\lambda_m-\lambda_0)r}}{(\lambda_m - \lambda_0)^2} \right| \\ & \leq \frac{c_3}{t} \sum_{m=1}^{\infty} \frac{e^{-2(\lambda_m-\lambda_0)r}}{\lambda_m - \lambda_0} \leq \frac{c_4}{t} \int_1^{\infty} s^{-\frac{2}{d}} e^{-c_5 s^{\frac{2}{d}} r} ds \leq c_6 t^{-1} (r^{-\frac{(d-2)^+}{2}} + 1_{\{d=2\}} \log r^{-1}), \quad t \geq 1. \end{aligned}$$

□

Lemma 3.3. *There exists a constant $c > 0$ such that for any $t > 0$ and nonnegative random variable $\xi \in \sigma(X_s : s \leq t)$,*

$$\sup_{T \geq t} \mathbb{E}^\nu[\xi | T < \tau] \leq c \mathbb{E}^\nu[\xi | t < \tau], \quad t \geq 1, \nu \in \mathcal{P}_0.$$

Proof. By the Markov property, (2.6) for $p = q = \infty$ and (2.5), we find constants $c_1, c_2 > 0$ such that

$$\begin{aligned} \mathbb{E}^\nu[\xi 1_{\{T < \tau\}}] &= \mathbb{E}^\nu[\xi 1_{\{t < \tau\}} P_{T-t}^D 1(X_t)] \leq c_1 e^{-\lambda_0(T-t)} \mathbb{E}^\nu[\xi 1_{\{t < \tau\}}], \\ \mathbb{P}^\nu(T < \tau) &\geq c_2 \mathbb{P}^\nu(t < \tau) e^{-(T-t)\lambda_0}, \quad T \geq t \geq 1. \end{aligned}$$

Then

$$\mathbb{E}^\nu[\xi | T < \tau] = \frac{\mathbb{E}^\nu[\xi 1_{\{T < \tau\}}]}{\mathbb{P}^\nu(T < \tau)} \leq \frac{c_1 \mathbb{E}^\nu[\xi 1_{\{t < \tau\}}]}{c_2 \mathbb{P}^\nu(t < \tau)} = \frac{c_1}{c_2} \mathbb{E}^\nu[\xi | t < \tau].$$

□

Lemma 3.4. *Let $d \leq 3$ and denote $\nu_0 = \frac{\phi_0}{\mu(\phi_0)}\mu$. For any $\varepsilon \in (\frac{d}{4} \vee \frac{d^2}{2d+4}, 1) \neq \emptyset$, there exists a constant $c > 0$ such that*

$$\sup_{T \geq t} \mathbb{E}^{\nu_0}[|\rho_{t,r}(y) - 1|^2 | T < \tau] \leq c \phi_0^{-2}(y) t^{-1} r^{-\varepsilon}, \quad t \geq 1, r \in (0, 1], y \in M^\circ.$$

Proof. By Lemma 3.3, it suffices to prove for $T = t$ replacing $T \geq t$. For fixed $y \in M^\circ$, let $f = p_r^0(\cdot, y) - 1$. We have

$$\rho_{t,r}(y) - 1 = \frac{1}{t} \int_0^t f(X_s) ds.$$

Then

$$(3.10) \quad \mathbb{E}^{\nu_0}[|\rho_{t,r}(y) - 1|^2 1_{\{t < \tau\}}] = \frac{2}{t^2} \int_0^t ds_1 \int_{s_1}^t \mathbb{E}^{\nu_0}[1_{\{t < \tau\}} f(X_{s_1}) f(X_{s_2})] ds_2.$$

By (3.3), $\mu_0(f) = 0$, and the symmetry of P_t^0 in $L^2(\mu_0)$, we obtain

$$\begin{aligned} I &:= e^{\lambda_0 t} \mathbb{E}^{\nu_0}[1_{\{t < \tau\}} f(X_{s_1}) f(X_{s_2})] = \mu(\phi_0)^{-1} \mu_0(P_{s_1}^0 \{f P_{s_2-s_1}^0 (f P_{t-s_2}^0 \phi_0^{-1})\}) \\ (3.11) \quad &= \mu(\phi_0)^{-1} \mu_0(f P_{s_2-s_1}^0 (f P_{t-s_2}^0 \phi_0^{-1})) = \mu(\phi_0)^{-1} \mu_0(\{f P_{t-s_2}^0 \phi_0^{-1}\} P_{s_2-s_1}^0 f) \\ &= \mu(\phi_0)^{-1} \mu_0(\{f P_{t-s_2}^0 \phi_0^{-1}\} \{P_{s_2-s_1}^0 - \mu_0\} f). \end{aligned}$$

Taking $q \in (\frac{5}{2}, 3)$ so that $\varepsilon_1 := \frac{d+2}{2q} < 1$ for $d \leq 3$ and $\|\phi_0^{-1}\|_{L^q(\mu_0)} < \infty$ due to (2.2), for any $p \in (1, 2]$ we deduce from this and (2.13) that

$$\begin{aligned} \mu(\phi_0) I &\leq \|f\|_{L^p(\mu_0)} \|P_{t-s_2}^0 \phi_0^{-1}\|_{L^\infty(\mu_0)} \|(P_{s_2-s_1}^0 - \mu_0) f\|_{L^{\frac{p}{p-1}}(\mu_0)} \\ (3.12) \quad &\leq \|f\|_{L^p(\mu_0)} \|P_{t-s_2}^0\|_{L^q(\mu_0) \rightarrow L^\infty(\mu_0)} \|\phi_0^{-1}\|_{L^q(\mu_0)} \|P_{s_2-s_1}^0 - \mu_0\|_{L^2(\mu_0) \rightarrow L^{\frac{p}{p-1}}(\mu_0)} \|f\|_{L^2(\mu_0)} \\ &\leq c_1 \|f\|_{L^p(\mu_0)} \|f\|_{L^2(\mu_0)} \{1 \wedge (t - s_2)\}^{-\varepsilon_1} \{1 \wedge (s_2 - s_1)\}^{-\frac{(d+2)(2-p)}{2p}} e^{-(\lambda_1 - \lambda_0)(s_2 - s_1)} \end{aligned}$$

holds for some constants $c_1 > 0$. Since $f = p_r^0(\cdot, y) - 1$ and $\inf \phi_0^{-1} > 0$, by (2.6) and (2.7), we find constants $\beta_1, \beta_2 > 0$ such that

$$\begin{aligned} \|f\|_{L^p(\mu_0)} &\leq 1 + \|p_r^0(\cdot, y)\|_{L^p(\mu_0)} \leq 1 + e^{r\lambda_0} \phi_0^{-1}(y) \|\phi_0^{-1} p_r^D(\cdot, y)\|_{L^p(\mu_0)} \\ &\leq 1 + \beta_1 \phi_0^{-1}(y) \|\phi_0\|_{\infty}^{\frac{2-p}{p}} \|p_r^D(\cdot, y)\|_{L^p(\mu)} \leq \beta_2 \phi_0^{-1}(y) r^{-\frac{d(p-1)}{2p}}, \quad r \in (0, 1], p \in [1, 2]. \end{aligned}$$

Combining this with (3.12) we find a constant $c_2 > 0$ such that

$$I \leq c_2 \phi_0^{-2}(y) r^{-\frac{d(p-1)}{2p} - \frac{d}{4}} \{1 \wedge (t - s_2)\}^{-\varepsilon_1} \{1 \wedge (s_2 - s_1)\}^{-\frac{(d+2)(2-p)}{2p}} e^{-(\lambda_1 - \lambda_0)(s_2 - s_1)}, \quad p \in (1, 2].$$

Taking $p > p_0 := 1 \vee \frac{2(d+2)}{d+6}$ such that

$$\varepsilon_2 := \frac{(d+2)(2-p)}{4p} \leq \frac{5(2-p)}{4p} < 1,$$

we arrive at

$$I \leq c_2 \phi^{-2}(y) r^{-\frac{d(p-1)}{2p} - \frac{d}{4}} \{1 \wedge (t - s_2)\}^{-\varepsilon_1} \{1 \wedge (s_2 - s_1)\}^{-\varepsilon_2} e^{-(\lambda_1 - \lambda_0)(s_2 - s_1)}$$

for some constants $\varepsilon_1, \varepsilon_2 \in (0, 1)$. Combining this with (3.10), we obtain

$$\mathbb{E}^{\nu_0} [|\rho_{t,r}(y) - 1|^2 | t < \tau] \leq c \phi_0^{-2}(y) t^{-1} r^{-\frac{d(p-1)}{2p} - \frac{d}{4}}, \quad t \geq 1.$$

Noting that

$$\lim_{p \downarrow p_0} \left\{ \frac{d(p-1)}{2p} + \frac{d}{4} \right\} = \frac{d}{4} \vee \frac{d^2}{2d+4} < 1 \text{ for } d \leq 3,$$

for any $\varepsilon \in (\frac{d}{4} \vee \frac{d^2}{2d+4}, 1)$, there exists $p > p_0$ such that $\frac{d}{4} \vee \frac{d^2}{2d+4} \leq \varepsilon$. Therefore, the proof is finished. \square

Lemma 3.5. *Let $d \leq 3$ and denote $\psi_m(t) = \frac{1}{t} \int_0^t (\phi_m \phi_0^{-1})(X_s) ds$. Then there exists a constant $c > 0$ such that for any $p \in [1, 2]$,*

$$\sup_{T \geq t} \mathbb{E}^{\nu_0} [|\psi_m(t)|^{2p} | t < \tau] \leq c m^{\frac{p(d+4)-d-8}{2d}} t^{-p}, \quad t \geq 1, m \geq 1, r \in (0, 1).$$

Proof. By Lemma 3.3, it suffices to prove for $T = t$ replacing $T \geq t$. By Hölder's inequality, we have

$$\mathbb{E}^{\nu_0} [|\psi_m(t)|^{2p} | T < \tau] \leq \left\{ \mathbb{E}^{\nu_0} [|\psi_m(t)|^2 | T < \tau] \right\}^{2-p} \left\{ \mathbb{E}^{\nu_0} [|\psi_m(t)|^4 | T < \tau] \right\}^{p-1}.$$

Combining this with (2.5), it suffices to find a constant $c > 0$ such that

$$(3.13) \quad \mathbb{E}^{\nu_0} [|\psi_m(t)|^2 1_{\{t < \tau\}}] \leq \frac{c e^{-\lambda_0 t}}{t m^{\frac{2}{d}}}, \quad t \geq 1, r \in (0, 1),$$

$$(3.14) \quad \mathbb{E}^{\nu_0} [|\psi_m(t)|^4 1_{\{t < \tau\}}] \leq c \sqrt{m} e^{-\lambda_0 t} t^{-2}, \quad t \geq 1, r \in (0, 1).$$

(a) Proof of (3.13). Let $\hat{\phi}_m = \phi_m \phi_0^{-1}$. We have

$$(3.15) \quad \mathbb{E}^{\nu_0} [|\psi_m(t)|^2 1_{\{t < \tau\}}] = \frac{2}{t^2} \int_0^t ds_1 \int_{s_1}^t \mathbb{E}^{\nu_0} [1_{\{t < \tau\}} \hat{\phi}_m(X_{s_1}) \hat{\phi}_m(X_{s_2})] ds_2.$$

By (2.8), (3.3), $\mu_0(|\hat{\phi}_m|^2) = 1$, and the symmetry of P_t^0 in $L^2(\mu_0)$, we find a constant $c_1 > 0$ such that

$$\begin{aligned} e^{\lambda_0 t} \mathbb{E}^{\nu_0} [1_{\{T < \tau\}} \hat{\phi}_m(X_{s_1}) \hat{\phi}_m(X_{s_2})] &= \nu_0(\phi_0 P_{s_1}^0 \{\hat{\phi}_m P_{s_2-s_1}^0 (\hat{\phi}_m P_{t-s_2}^0 \phi_0^{-1})\}) \\ &= \frac{1}{\mu(\phi_0)} \mu_0(\hat{\phi}_m P_{s_2-s_1}^0 (\hat{\phi}_m P_{t-s_2}^0 \phi_0^{-1})) = \frac{e^{-(\lambda_m - \lambda_0)(s_2-s_1)}}{\mu(\phi_0)} \mu_0(|\hat{\phi}_m|^2 P_{t-s_2}^0 \phi_0^{-1}) \\ &\leq c_1 e^{-(\lambda_m - \lambda_0)(s_2-s_1)} \|P_{t-s_2}\|_{L^p(\mu_0) \rightarrow \infty(\mu_0)} \|\phi_0^{-1}\|_{L^p(\mu_0)}, \quad p > 1. \end{aligned}$$

Since $d \leq 3$, we may take $p \in (1, 3)$ such that $\varepsilon := \frac{d+2}{2q} < 1$ and $\|\phi_0^{-1}\|_{L^p(\mu_0)} < \infty$ due to (2.2), so that this and (2.13) imply

$$e^{\lambda_0 t} \mathbb{E}^{\nu_0} [1_{\{t < \tau\}} \hat{\phi}_m(X_{s_1}) \hat{\phi}_m(X_{s_2})] \leq c_2 e^{-(\lambda_m - \lambda_0)(s_2-s_1)} \{1 \wedge (t - s_2)\}^{-\varepsilon}$$

for some constant $c_3 > 0$. Therefore, (3.13) follows from (3.15) and (2.1).

(b) Proof of (3.14). For any $s > 0$ we have

$$\begin{aligned} (3.16) \quad & s^4 \mathbb{E}^{\nu_0} [|\psi_m(s)|^4 1_{\{s < \tau\}}] \\ &= 24 \int_0^s ds_2 \int_{s_1}^s ds_2 \int_{s_2}^s ds_3 \int_{s_3}^s \mathbb{E}^{\nu_0} [1_{\{s < \tau\}} \hat{\phi}_m(X_{s_1}) \hat{\phi}_m(X_{s_2}) \hat{\phi}_m(X_{s_3}) \hat{\phi}_m(X_{s_4})] ds_4 \\ &= 24 \int_0^s ds_2 \int_{s_1}^s ds_2 \int_{s_2}^s ds_3 \int_{s_3}^s \mathbb{E}^{\nu_0} [1_{\{s_3 < \tau\}} \hat{\phi}_m(X_{s_1}) \hat{\phi}_m(X_{s_2}) g_s(s_3, s_4)] ds_4, \end{aligned}$$

where due to (3.3) and the Markov property,

$$\begin{aligned} (3.17) \quad g_s(s_3, s_4) &:= \mathbb{E}^{\nu_0} [1_{\{s < \tau\}} \hat{\phi}_m(X_{s_3}) \hat{\phi}_m(X_{s_4}) | X_r : r \leq s_3] \\ &= \hat{\phi}_m(X_{s_3}) \mathbb{E}^{X_{s_3}} [1_{\{s-s_3 < \tau\}} \hat{\phi}_m(X_{s_4-s_3})] \\ &= e^{-\lambda_0(s-s_3)} \{\hat{\phi}_m \phi_0 P_{s_4-s_3}^0 (\hat{\phi}_m P_{s-s_4}^0 \phi_0^{-1})\}(X_{s_3}), \quad 0 < s_3 < s_4 \leq s. \end{aligned}$$

So, by Fubini's theorem and Schwarz's inequality, we obtain

$$\begin{aligned} I(s) &:= s^4 e^{\lambda_0 s} \mathbb{E}^{\nu_0} [|\psi_m(s)|^4 1_{\{s < \tau\}}] \\ &= 12 e^{\lambda_0 s} \int_0^s dr_1 \int_{r_1}^s \mathbb{E}^{\nu_0} \left[1_{\{r_1 < \tau\}} g_s(r_1, r_2) \left| \int_0^{r_1} \hat{\phi}_m(X_r) dr \right|^2 \right] dr_2 \\ &\leq 12 \sup_{r \in [0, s]} \sqrt{I(r)} \int_0^s dr_1 \int_{r_1}^s \left\{ e^{2\lambda_0(s-r_1)} \mathbb{E}^{\nu_0} [1_{\{r_1 < \tau\}} g_s(r_1, r_2)^2] \right\}^{\frac{1}{2}} dr_2. \end{aligned}$$

Consequently,

$$(3.18) \quad I(t) \leq \sup_{s \in [0, t]} I(s) \leq \left(12 \sup_{s \in [0, t]} \int_0^s dr_1 \int_{r_1}^s \left\{ e^{\lambda_0(2s-r_1)} \mathbb{E}^{\nu_0} [1_{\{r_1 < \tau\}} g_s(r_1, r_2)^2] \right\}^{\frac{1}{2}} dr_2 \right)^2.$$

On the other hand, by the definition of ν_0 , (3.3), (3.17) and that μ_0 is P_t^0 -invariant, we obtain

$$\begin{aligned}
& \mathbb{E}^{\nu_0} [1_{\{r_1 < \tau\}} |g_s(r_1, r_2)|^2] \\
& \leq \frac{e^{-2\lambda_0(s-r_1)-\lambda_0 r_1}}{\mu(\phi_0)} \mu_0(P_{r_1}^0 \{ \phi_0^{-1} |\hat{\phi}_m \phi_0 P_{r_2-r_1}^0 (\hat{\phi}_m P_{s-r_2}^0 \phi_0^{-1})|^2 \}) \\
(3.19) \quad & = \frac{e^{-\lambda_0(2s-r_1)}}{\mu(\phi_0)} \mu_0(\phi_0 |\hat{\phi}_m P_{r_2-r_1}^0 (\hat{\phi}_m P_{s-r_2}^0 \phi_0^{-1})|^2) \\
& \leq \frac{2e^{-\lambda_0(2s-r_1)}}{\mu(\phi_0)} \mu_0(\phi_0 \{ |\hat{\phi}_m (P_{r_2-r_1}^0 \hat{\phi}_m) \mu(\phi_0)|^2 + |\hat{\phi}_m P_{r_2-r_1}^0 (\hat{\phi}_m [P_{s-r_2}^0 - \mu_0] \phi_0^{-1})|^2 \}).
\end{aligned}$$

Then, by (3.17), (2.8), (3.3), $\mu_0(|\hat{\phi}_m|^2) = 1$, and noting that μ_0 is P_t^0 -invariant, we find a constant $c_1 > 0$ such that

$$\begin{aligned}
& \mathbb{E}^{\nu_0} [1_{\{r_1 < \tau\}} |g_s(r_1, r_2)|^2] \leq 2e^{-\lambda_0(2s-r_1)-2(\lambda_m-\lambda_0)(r_2-r_1)} \|\phi_0\|_\infty^2 \\
& + 2 \frac{e^{-\lambda_0(2s-r_1)}}{\mu(\phi_0)} \|\phi_m\|_\infty \mu_0(|\hat{\phi}_m| \cdot |P_{r_2-r_1}^0 (\hat{\phi}_m (P_{s-r_2}^0 - \mu_0) \phi_0^{-1})|^2) \\
& \leq c_1 e^{-\lambda_0(2s-r_1)} \left\{ e^{-2(\lambda_m-\lambda_0)(r_2-r_1)} + \|\phi_m\|_\infty \|P_{r_2-r_1}^0 (\hat{\phi}_m [P_{s-r_2}^0 - \mu_0] \phi_0^{-1})\|_{L^4(\mu_0)}^2 \right\}.
\end{aligned}$$

By (2.1), (2.13), $\|\hat{\phi}_m\|_{L^2(\mu_0)} = 1$, $\|\phi_0^{-1}\|_{L^q(\mu_0)} < \infty$ and $\varepsilon := \frac{d+2}{8} \vee \frac{d+2}{2q} < 1$ for $q \in (\frac{5}{2}, 3)$ due to (2.2) and $d \leq 3$, we find constants $c_2 > 0$ such that

$$\begin{aligned}
& \|\phi_m\|_\infty \|P_{r_2-r_1}^0 (\hat{\phi}_m [P_{s-r_2}^0 - \mu_0] \phi_0^{-1})\|_{L^4(\mu_0)}^2 \\
& \leq \|\phi_m\|_\infty \|P_{r_2-r_1}^0\|_{L^2(\mu_0) \rightarrow L^4(\mu_0)}^2 \|\hat{\phi}_m\|_{L^2(\mu_0)}^2 \|(P_{s-r_2}^0 - \mu_0) \phi_0^{-1}\|_{L^\infty(\mu_0)}^2 \\
& \leq \|\phi_m\|_\infty \|P_{r_2-r_1}^0\|_{L^2(\mu_0) \rightarrow L^4(\mu_0)}^2 \|P_{s-r_2}^0 - \mu_0\|_{L^q(\mu_0) \rightarrow L^\infty(\mu_0)}^2 \|\phi_0^{-1}\|_{L^q(\mu_0)}^2 \\
& \leq c_2 \sqrt{m} e^{-2(\lambda_1-\lambda_0)(s-r_2)} \{1 \wedge (r_2 - r_1)\}^{-2\varepsilon} \{1 \wedge (s - r_2)\}^{-2\varepsilon}.
\end{aligned}$$

Therefore, there exist constants $c_3 > 0$ and $\varepsilon \in (0, 1)$ such that

$$\begin{aligned}
& \mathbb{E}^{\nu_0} [1_{\{r_1 < \tau\}} |g_s(r_1, r_2)|^2] \leq c_3 e^{-\lambda_0(2s-r_1)-(\lambda_m-\lambda_0)(r_2-r_1)} \\
& + c_3 \sqrt{m} e^{-\lambda_0(2s-r_1)-2(\lambda_1-\lambda_0)(s-r_2)} \{1 \wedge (r_2 - r_1)\}^{-2\varepsilon} \{1 \wedge (t - r_2)\}^{-2\varepsilon}.
\end{aligned}$$

Combining this with (3.18) and the definition of $I(t)$, we prove (3.14) for some constant $c > 0$, and hence finish the proof. \square

Lemma 3.6. *Let $d \leq 3$. Then for any $p \in (1, \frac{3d+16}{5d+8} \wedge \frac{d+2}{d+1}) \neq \emptyset$, there exists a constant $c > 0$ such that*

$$\sup_{r>0, T \geq t} \mathbb{E}^{\nu_0} [\mu_0(|\nabla L_0^{-1}(\rho_{t,r} - 1)|^{2p}) | T < \tau] \leq ct^{-p}, \quad t \geq 1.$$

Proof. By Lemma 3.3, it suffices to prove for $T = t$ replacing $T \geq t$. Let $p \in (1, \frac{3d+16}{5d+8} \wedge \frac{d+2}{d+1})$, where $p > 1$ is equivalent to

$$(3.20) \quad \frac{p}{2p-1} < 1,$$

while $p < \frac{3d+16}{5d+8} \wedge \frac{d+2}{d+1}$ implies

$$\frac{(d+2)(2p-2)}{4} + \frac{d(p-1)}{2} + \left(\frac{p(d+4)+d}{4} - 2 \right)^+ < 1,$$

and hence there exists $\varepsilon \in (0, 1)$ such that

$$(3.21) \quad \frac{(d+2)(2p-2+\varepsilon)}{4} + \frac{d(p-1)}{2} + \left(\frac{p(d+4)+d}{4} - 2 \right)^+ < 1.$$

By (2.13), (2.21), $L_0^{-1} = -\int_0^\infty P_s^0 ds$, and applying Hölder's inequality, we find a constant $c_1, c_2 > 0$ such that

$$(3.22) \quad \begin{aligned} & \int_M |\nabla L_0^{-1}(\rho_{t,r} - 1)|^{2p} d\mu_0 \leq \int_M \left(\int_0^\infty |\nabla P_s^0(\rho_{t,r} - 1)| ds \right)^{2p} d\mu_0 \\ & \leq c_1 \int_M \left(\int_0^\infty \frac{1}{\sqrt{s}} \{P_{\frac{s}{4}}^0 |P_{\frac{3s}{4}}^0(\rho_{t,r} - 1)|^p\}^{\frac{1}{p}} ds \right)^{2p} \phi_0^{-\varepsilon} d\mu_0 \\ & \leq c_1 \left(\int_0^\infty s^{-\frac{p}{2p-1}} e^{-\frac{2p\theta s}{2p-1}} ds \right)^{\frac{2p-1}{2p}} \int_0^\infty e^{\theta s} \mu_0(\phi_0^{-\varepsilon} \{P_{\frac{s}{4}}^0 |P_{\frac{3s}{4}}^0(\rho_{t,r} - 1)|^p\}^2) ds, \quad \theta > 0. \end{aligned}$$

Noting that $\frac{p}{2p-1} < 1$ due to (3.20), we obtain

$$(3.23) \quad \int_0^\infty s^{-\frac{p}{2p-1}} e^{-\frac{2p\theta s}{2p-1}} ds < \infty, \quad \theta > 0.$$

Moreover, since $\|\phi_0^{-\varepsilon}\|_{L^{2\varepsilon-1}(\mu_0)} = 1$, $\mu_0(\rho_{t,r} - 1) = 0$, and P_t^0 is contractive in $L^p(\mu_0)$ for $p \geq 1$, by (2.13) and Hölder's inequality, we find a constant $c_2 > 0$ such that

$$\begin{aligned} & \mu_0(\phi_0^{-\varepsilon} \{P_{\frac{s}{4}}^0 |P_{\frac{3s}{4}}^0(\rho_{t,r} - 1)|^p\}^2) \leq \|P_{\frac{s}{4}}^0 |P_{\frac{3s}{4}}^0(\rho_{t,r} - 1)|^p\|_{L^{\frac{4}{2-\varepsilon}}(\mu_0)}^2 \|\phi_0^{-\varepsilon}\|_{L^{2\varepsilon-1}(\mu_0)} \\ & \leq \|P_{\frac{s}{4}}^0\|_{L^{\frac{4}{2-\varepsilon}}(\mu_0)}^2 \|(P_{\frac{s}{4}}^0 - \mu_0)(P_{\frac{s}{4}}^0 \rho_{t,r} - 1)\|_{L^{\frac{4p}{2-\varepsilon}}(\mu_0)}^{2p} \\ & \leq \|P_{\frac{s}{4}}^0 - \mu_0\|_{L^2(\mu_0) \rightarrow L^{\frac{4p}{2-\varepsilon}}(\mu_0)}^{2p} \|P_{\frac{s}{4}}^0 \rho_{t,r} - 1\|_{L^2(\mu_0)}^{2p} \\ & \leq c_2 (1 \wedge s)^{-\frac{(d+2)(2p-2+\varepsilon)}{4}} e^{-(\lambda_1 - \lambda_0)ps} \|P_{\frac{s}{4}}^0 \rho_{t,r} - 1\|_{L^2(\mu_0)}^{2p}. \end{aligned}$$

Combining this with (3.23), we find a function $c : (0, \infty) \rightarrow (0, \infty)$ such that

$$(3.24) \quad \begin{aligned} & \mathbb{E}^{\nu_0} [1_{\{t < \tau\}} \mu_0(|\nabla L_0^{-1}(\rho_{t,r} - 1)|^{2p})] \\ & \leq c(\theta) \int_0^\infty e^{\theta s} (1 \wedge s)^{-\frac{(d+2)(2p-2+\varepsilon)}{4}} e^{-(\lambda_1 - \lambda_0)ps} \mathbb{E}^{\nu_0} [1_{\{t < \tau\}} \|P_{\frac{s}{4}}^0 \rho_{t,r} - 1\|_{L^2(\mu_0)}^{2p}] ds, \quad \theta > 0. \end{aligned}$$

By (2.8), (3.2) and Hölder's inequality, we obtain

$$\|P_{\frac{s}{4}}^0 \rho_{t,r} - 1\|_{L^2(\mu_0)}^{2p} = \left(\sum_{m=1}^\infty e^{-(\lambda_m - \lambda_0)(2r+s/2)} |\psi_m(t)|^2 \right)^p$$

$$\leq \left(\sum_{m=1}^{\infty} e^{-(\lambda_m - \lambda_0)(2r+s/2)} \right)^{p-1} \sum_{m=1}^{\infty} e^{-(\lambda_m - \lambda_0)(2r+s/2)} |\psi_m(t)|^{2p}.$$

Noting that (2.1) implies

$$\sum_{m=1}^{\infty} e^{-(\lambda_m - \lambda_0)(2r+s/2)} \leq a_1 \int_1^{\infty} e^{-\alpha_2(r+s/2)t^{\frac{2}{d}}} dt \leq \alpha_3(1 \wedge s)^{-\frac{d}{2}}$$

for some constants $\alpha_1, \alpha_2, \alpha_3 > 0$, we derive

$$\mathbb{E}^{\nu_0} [\|P_{\frac{s}{4}}^0 \rho_{t,r} - 1\|_{L^2(\mu_0)}^{2p} | t < \tau] \leq c_3(1 \wedge s)^{-\frac{d(p-1)}{2}} \sum_{m=1}^{\infty} e^{-(\lambda_m - \lambda_0)(2r+s/2)} \mathbb{E}^{\nu_0} [|\psi_m(t)|^{2p} | t < \tau]$$

for some constant $c_3 > 0$. Combining this with Lemma 3.5, (2.1), we find constants $c_4, c_5, c_6, c_7 > 0$ such that

$$\begin{aligned} \mathbb{E}^{\nu_0} [\|P_{\frac{s}{4}}^0 \rho_{t,r} - 1\|_{L^2(\mu_0)}^{2p} | t < \tau] &\leq c_4 t^{-p} (1 \wedge s)^{-\frac{d(p-1)}{2}} \int_1^{\infty} e^{-c_5 s u^{\frac{2}{d}}} u^{\frac{p(d+4)-d-8}{2d}} du \\ &\leq c_6 t^{-p} (1 \wedge s)^{-\frac{d(p-1)}{2}} s^{2-\frac{p(d+4)+d}{4}} \int_s^{\infty} t^{\frac{p(d+4)+d}{4}-3} e^{-t} dt \\ &\leq c_7 t^{-p} (1 \wedge s)^{-\frac{d(p-1)}{2} - (\frac{p(d+4)+d}{4} - 2)^+} \log(2 + s^{-1}), \end{aligned}$$

where the term $\log(2 + s^{-1})$ comes when $\frac{p(d+4)+d}{4} - 3 = -1$. This together with (3.21) and (3.24) for $\theta \in (0, \lambda_1 - \lambda_0)$ implies the desired estimate. \square

Lemma 3.7. *Let $d \leq 3$. If $r_t = t^{-\alpha}$ for some $\alpha \in (1, \frac{4}{d} \wedge \frac{2d+4}{d^2}) \neq \emptyset$, then $\rho_{t,r_t,r_t} := (1 - r_t)\rho_{t,r_t} + r_t$ satisfies*

$$\limsup_{t \rightarrow \infty} \mathbb{E}^{\nu_0} [\mu_0(|\mathcal{M}(\rho_{t,r_t,r_t}, 1)^{-1} - 1|^q) | T < \tau] = 0, \quad q \geq 1.$$

Proof. By Lemma 3.3, it suffices to prove for $T = t$ replacing $T \geq t$. By the same reason leading to (3.16) in [21], for any $\eta \in (0, 1), y \in M$, we have

$$\mathbb{E}^{\nu_0} [|\mathcal{M}(\rho_{t,r_t,r_t}(y), 1)^{-1} - 1|^q | t < \tau] \leq \left| \frac{1}{\sqrt{1-\eta}} - \frac{2}{2+\eta} \right|^q + \mathbb{P}^{\nu_0} (|\rho_{t,r_t}(y) - 1| > \eta).$$

Combining this with Lemma 3.4 we find constants $c > 0$ and $\varepsilon \in (0, \alpha^{-1})$ such that

$$\mathbb{E}^{\nu_0} [|\mathcal{M}(\rho_{t,r_t,r_t}(y), 1)^{-1} - 1|^q | t < \tau] \leq \left| \frac{1}{\sqrt{1-\eta}} - \frac{2}{2+\eta} \right|^q + c\eta^{-1}\phi_0(y)^{-2}t^{-1+\alpha\varepsilon}.$$

Since $\mu_0(\phi_0^{-2}) = 1$, we obtain

$$\mathbb{E}^{\nu_0} [\mu_0(|\mathcal{M}(\rho_{t,r_t,r_t}, 1)^{-1} - 1|^q) | t < \tau] \leq \left| \frac{1}{\sqrt{1-\eta}} - \frac{2}{2+\eta} \right|^q + c\eta^{-1}t^{-1+\alpha\varepsilon}, \quad \eta \in (0, 1), t \geq 1.$$

Noting that $\alpha\varepsilon < 1$, by letting first $t \rightarrow \infty$ then $\eta \rightarrow 0$, we finish the proof. \square

Lemma 3.8. *Let $\mu_{t,r,r} = (1 + \rho_{t,r,r})\mu_0$, where $\rho_{t,r,r} := (1 - r)\rho_{t,r} + r$, $r \in (0, 1]$. Assume that $\nu = h\mu$ with $h\phi_0^{-1} \in L^p(\mu_0)$ for some $p > 1$. Then there exists a constant $c > 0$ such that*

$$\sup_{T \geq t} \mathbb{E}^\nu [\mathbb{W}_2(\mu_{t,r,r}, \mu_t)^2 | T < \tau] \leq cr, \quad t > 0, r \in (0, 1].$$

Proof. By Lemma 3.3, it suffices to prove for $T = t$ replacing $T \geq t$. Firstly, it is easy to see that

$$(3.25) \quad \mathbb{W}_2(\mu_{t,r,r}, \mu_{t,r})^2 \leq D^2 \|\mu_{t,r,r} - \mu_{t,r}\|_{var} = D^2 \mu_0(|\rho_{t,r,r} - \rho_{t,r}|) \leq 2D^2 r, \quad r \in (0, 1].$$

Next, by the definition of $\mu_{t,r}$, we have

$$\pi(dx, dy) := \mu_t(dx) P_r^0(x, dy) \in \mathcal{C}(\mu_t, \mu_{t,r}),$$

where $P_r^0(x, \cdot)$ is the distribution of X_r^0 starting at x . So,

$$(3.26) \quad \mathbb{W}_2(\mu_t, \mu_{t,r})^2 \leq \int_M \mathbb{E}^x[\rho(x, X_r^0)^2] \mu_t(dx).$$

Moreover, by Itô's formula and $L_0 = L + 2\nabla \log \phi_0$, we find a constant $c_1 > 0$ such that

$$d\rho(x, X_r^0)^2 = L_0 \rho(x, \cdot)^2(X_r^0) dr + dM_r \leq \{c_1 + c_1 \phi_0^{-1}(X_r^0)\} dr + dM_r$$

holds for some martingale M_r . Combining this with (2.18), and noting that $\log(1 + \phi_0^{-1}) \geq \log(1 + \|\phi_0\|_\infty^{-1}) > 0$, we find a constant $c_2 > 0$ such that

$$\begin{aligned} \mathbb{W}_2(\mu_t, \mu_{t,r})^2 &\leq c_1 r + c_1 \int_M \left(\mathbb{E}^x \int_0^r \phi_0^{-1}(X_s^0) ds \right) \mu_t(dx) \\ &\leq c_2 r \mu_t(\log(1 + \phi_0^{-1})) = \frac{c_2 r}{t} \int_0^t \log\{1 + \phi_0^{-1}(X_s)\} ds, \quad r \in (0, 1]. \end{aligned}$$

Combining this with (3.25), (3.3), $\|P_t^0\|_{L^p(\mu_0)} = 1$ for $t \geq 0$ and $p \geq 1$, and noting that

$$\inf_{t \geq 0} \mu_0(h\phi_0^{-1} P_t^0 \phi_0^{-1}) > 0,$$

we find constants $c_3, c_4 > 0$ such that

$$\begin{aligned} (3.27) \quad \mathbb{E}^\nu [\mathbb{W}_2(\mu_{t,r,r}, \mu_t)^2 | t < \tau] &= \frac{\mathbb{E}^\nu [1_{\{t < \tau\}} \mathbb{W}_2(\mu_{t,r,r}, \mu_t)^2]}{\mathbb{P}^\nu(t < \tau)} \\ &\leq \frac{c_3 r}{t \mu_0(h\phi_0^{-1} P_t^0 \phi_0^{-1})} \int_0^t \mu_0(h\phi_0^{-1} P_s^0 \log\{1 + \phi_0^{-1}\}) ds \\ &\leq c_3 r \|h\phi_0^{-1}\|_{L^p(\mu_0)} \|\log(1 + \phi_0^{-1})\|_{L^{\frac{p}{p-1}}(\mu_0)} \leq c_4 r, \quad r \in (0, 1]. \end{aligned}$$

Combining this with (3.25) we finish the proof. □

We are now ready to prove the main result in this section.

Proof of Proposition 3.1(1). Since the upper bound is infinite for $d \geq 4$, it suffices to consider $d \leq 3$.

(a) We first assume that $\nu = h\mu$ with $h \leq C\phi_0$ for some constant $C > 0$. In this case, by (2.5) and $\mathbb{E}^\nu = \int_M \mathbb{E}^x \nu(dx)$, there exists a constant $c_0 > 0$ such that

$$(3.28) \quad \mathbb{E}^\nu(\cdot | t < \tau) \leq c_0 \mathbb{E}^{\nu_0}(\cdot | t < \tau), \quad t \geq 1.$$

Let $\mu_{t,r_t,r_t} = \{(1 - r_t)\rho_{t,r_t} + r_t\}\mu_0$ with $r_t = t^{-\alpha}$ for some $\alpha \in (1, \frac{4}{d} \wedge \frac{2d+4}{d^2})$. By Lemma 3.8 and the triangle inequality of \mathbb{W}_2 , there exists a constant $c_1 > 0$ such that for any $t \geq 1$,

$$(3.29) \quad \mathbb{E}^\nu[\mathbb{W}_2(\mu_t, \mu_0)^2 | t < \tau] \leq (1 + \varepsilon) \mathbb{E}^\nu[\mathbb{W}_2(\mu_{t,r_t,r_t}, \mu_0)^2 | t < \tau] + c_1(1 + \varepsilon^{-1})t^{-\alpha}, \quad \varepsilon > 0.$$

On the other hand, by (3.1), (3.28), Lemmas 3.2, 3.6 and 3.7, there exists $p > 1$ such that

$$\begin{aligned} \limsup_{t \rightarrow \infty} t \mathbb{E}^\nu[\mathbb{W}_2(\mu_{t,r_t,r_t}, \mu_0)^2 | t < \tau] &\leq \limsup_{t \rightarrow \infty} t \mathbb{E}^\nu \left[\int_M \frac{|\nabla L_0^{-1}(\rho_{t,r_t} - 1)|^2}{\mathcal{M}(\rho_{t,r_t,r_t}, 1)} d\mu_0 \middle| t < \tau \right] \\ &\leq \limsup_{t \rightarrow \infty} t \left\{ \mathbb{E}^\nu[\mu_0(|\nabla L_0^{-1}(\rho_{t,r_t} - 1)|^2) d\mu_0 | t < \tau] \right. \\ &\quad \left. + (\mathbb{E}^\nu[\mu_0(|\nabla L_0^{-1}(\rho_{t,r_t} - 1)|^{2p}) d\mu_0 | t < \tau])^{\frac{1}{p}} (\mathbb{E}^\nu[\mu_0(|\mathcal{M}(\rho_{t,r_t,r_t}, 1)^{-1} - 1|^{\frac{p}{p-1}}) | t < \tau])^{\frac{p-1}{p}} \right\} \\ &= \limsup_{t \rightarrow \infty} t \mathbb{E}^\nu[\mu_0(|\nabla L_0^{-1}(\rho_{t,r_t} - 1)|^2) d\mu_0 | t < \tau] \leq \sum_{m=1}^{\infty} \frac{2}{(\lambda_m - \lambda_0)^2}. \end{aligned}$$

Combining this with (3.29) where $\alpha > 1$, we prove (1.1).

(b) In general, for any $t \geq 2$ and $\varepsilon \in (0, 1)$, we consider

$$\mu_t^\varepsilon := \frac{1}{t - \varepsilon} \int_\varepsilon^t \delta_{X_s} ds.$$

Letting D be the diameter of D , we find a constant $c_1 > 0$ such that

$$(3.30) \quad \mathbb{W}_2(\mu_t^\varepsilon, \mu_t)^2 \leq D^2 \|\mu_t - \mu_t^\varepsilon\|_{var} \leq c_1 \varepsilon t^{-1}, \quad t \geq 2, \varepsilon \in (0, 1).$$

On the other hand, by the Markov property we obtain

$$\begin{aligned} \mathbb{E}^\nu[1_{\{t < \tau\}} \mathbb{W}_2(\mu_t^\varepsilon, \mu_0)^2] &= \mathbb{E}^\nu[1_{\{\varepsilon < \tau\}} \mathbb{E}^{X_\varepsilon}(1_{\{t - \varepsilon < \tau\}} \mathbb{W}_2(\mu_{t - \varepsilon}, \mu_0)^2)] \\ &= \mathbb{P}^\nu(\varepsilon < \tau) \mathbb{E}^{\nu_\varepsilon}[1_{\{t - \varepsilon < \tau\}} \mathbb{W}_2(\mu_{t - \varepsilon}, \mu_0)^2] \\ &= \mathbb{P}^{\nu_\varepsilon}(t - \varepsilon < \tau) \mathbb{P}^\nu(\varepsilon < \tau) \mathbb{E}^{\nu_\varepsilon}[\mathbb{W}_2(\mu_{t - \varepsilon}, \mu_0)^2 | t - \varepsilon < \tau], \end{aligned}$$

where $\nu_\varepsilon = h_\varepsilon \mu$ with

$$h_\varepsilon(y) := \frac{1}{\mathbb{P}^\nu(\varepsilon < \tau)} \int_M p_\varepsilon^D(x, y) \nu(dx) \leq c(\varepsilon, \nu) \phi_0(y)$$

for some constant $c(\varepsilon, \nu) > 0$. Moreover, by (2.3), (2.5) and $\nu_\varepsilon = h_\varepsilon \mu$, we have

$$\lim_{t \rightarrow \infty} \frac{\mathbb{P}^{\nu_\varepsilon}(t - \varepsilon < \tau) \mathbb{P}^\nu(\varepsilon < \tau)}{\mathbb{P}^\nu(t < \tau)} = 1.$$

So, (a) implies

$$\begin{aligned}
& \limsup_{t \rightarrow \infty} \left\{ t \mathbb{E}^\nu [\mathbb{W}_2(\mu_t^\varepsilon, \mu_0)^2 | t < \tau] \right\} \\
&= \limsup_{t \rightarrow \infty} \frac{\mathbb{P}^{\nu_\varepsilon}(t - \varepsilon < \tau) \mathbb{P}^\nu(\varepsilon < \tau)}{\mathbb{P}^\nu(t < \tau)} \left\{ t \mathbb{E}^{\nu_\varepsilon} [\mathbb{W}_2(\mu_{t-\varepsilon}, \mu_0)^2 | t - \varepsilon < \tau] \right\} \\
&\leq \sum_{m=1}^{\infty} \frac{2}{(\lambda_m - \lambda_0)^2}.
\end{aligned}$$

Combining this with (3.30), we arrive at

$$\begin{aligned}
& \limsup_{t \rightarrow \infty} \left\{ t \mathbb{E}^\nu [\mathbb{W}_2(\mu_t, \mu_0)^2 | t < \tau] \right\} \\
&\leq (1 + \varepsilon^{\frac{1}{2}}) \limsup_{t \rightarrow \infty} \left\{ t \mathbb{E}^\nu [\mathbb{W}_2(\mu_t^\varepsilon, \mu_0)^2 | t < \tau] \right\} + c_1 \varepsilon (1 + \varepsilon^{-\frac{1}{2}}) \\
&\leq (1 + \varepsilon^{\frac{1}{2}}) \sum_{m=1}^{\infty} \frac{2}{(\lambda_m - \lambda_0)^2} + c_1 \varepsilon (1 + \varepsilon^{-\frac{1}{2}}), \quad \varepsilon \in (0, 1).
\end{aligned}$$

By letting $\varepsilon \rightarrow 0$, we derive (1.1). □

Proof of Proposition 3.1(2)-(3). Let $d \geq 4$. By (3.30), it suffices to prove the desired estimates for μ_t^1 replacing μ_t . Therefore, we may and do assume $\nu = h\mu$ with $\|h\phi_0^{-1}\|_\infty < \infty$. Since

$$\lim_{p \downarrow p_0} \left\{ \frac{d}{2} + \frac{(d+2)(p-1)}{2p} - 2 \right\} = \frac{2(d-4)}{3},$$

by Lemma 3.2(1), for any $k > \frac{2(d-4)}{3}$, there exist constants $c_1, c_2 > 0$ such that

$$\begin{aligned}
t \mathbb{E}^\nu [\mu_0 (|\nabla L_0^{-1}(\rho_{t,r} - 1)|^2 | T < \tau)] &\leq c_1 \sum_{m=1}^{\infty} \frac{e^{-2(\lambda_m - \lambda_0)r}}{(\lambda_m - \lambda_0)^2} + c_1 t^{-1} r^{-k} \\
&\leq c_2 \{1 + 1_{\{d=4\}} \log r^{-1} + t^{-1} r^{-k}\}, \quad r \in (0, 1), t \geq 1, T \geq t.
\end{aligned}$$

Combining this with the following inequality due to [11, Theorem 2] for $p = 2$:

$$\mathbb{W}_2(f\mu_0, \mu_0)^2 \leq 4\mu_0(|\nabla L_0^{-1}(f-1)|^2), \quad f\mu_0 \in \mathcal{P}_0,$$

we obtain

$$t \mathbb{E}^\nu [\mathbb{W}_2(\mu_{t,r,r}, \mu_0)^2 | T < \tau] \leq c \{r^{-\frac{d-4}{2}} + 1_{\{d=4\}} \log r^{-1} + t^{-1} r^{-k}\}, \quad T \geq t \geq 1, r \in (0, 1).$$

By this and Lemma 3.8, we find a decreasing function $c : (\frac{2(d-4)}{3}, \infty) \rightarrow (0, \infty)$ such that

$$\begin{aligned}
(3.31) \quad & \mathbb{E}^\nu [\mathbb{W}_2(\mu_t, \mu_0)^2 | T < \tau] \leq c(k) \{t^{-1} r^{-\frac{d-4}{2}} + t^{-1} 1_{\{d=4\}} \log r^{-1} + t^{-2} r^{-k} + r\}, \\
& T \geq t \geq 1, r \in (0, 1), k > \frac{2(d-4)}{3}.
\end{aligned}$$

- (a) Let $d = 4$. We take $r = t^{-1}$ for $t > 1$, such that (3.31) implies (1.3) for some constant $c > 0$.
- (b) When $d \geq 5$. Since

$$\lim_{k \downarrow \frac{2(d-4)}{3}} \left\{ 2 - \frac{2k}{d-2} \right\} = \frac{2d+4}{3(d-2)} > \frac{2}{d-2},$$

there exists $k > \frac{2(d-4)}{3}$ such that $2 - \frac{2k}{d-2} > \frac{2}{d-2}$. So, we may take $r = t^{-\frac{2}{d-2}}$ for $t > 1$ such that (3.31) implies the inequality in (3). \square

4 Lower bound estimate

This section devotes to the proof of the following result, which together with Proposition 3.1 implies Theorem 1.1.

Proposition 4.1. *Let $\nu \in \mathcal{P}_0$. There exists a constant $c > 0$ such that (1.2) holds, and when ∂M is convex it holds for $c = 1$. Moreover, when $d \geq 5$, there exists a constant $c' > 0$ such that*

$$(4.1) \quad \inf_{T \geq t} \left\{ t \mathbb{E}[\mathbb{W}_2(\mu_t, \mu_0) | T < \tau] \right\} \geq c' t^{-\frac{2}{d-2}}, \quad t \geq 1.$$

To estimate the Wasserstein distance from below, we use the idea of [1] to construct a pair of functions in Kantorovich's dual formula, which leads to the following lemma.

Lemma 4.2. *There exists a constant $c > 0$ such that*

$$\mathbb{W}_2(\mu_{t,r}, \mu_0)^2 \geq \mu_0(|\nabla L_0^{-1}(\rho_{t,r} - 1)|^2) - c \|\rho_{t,r} - 1\|_\infty^{\frac{7}{3}} (1 + \|\rho_{t,r} - 1\|_\infty^{\frac{1}{3}}), \quad t, r > 0.$$

Proof. Let $f = L_0^{-1}(\rho_{t,r} - 1)$, and take

$$\varphi_\theta^\varepsilon = -\varepsilon \log P_{\frac{\varepsilon\theta}{2}}^0 e^{-\varepsilon^{-1}f}, \quad \theta \in [0, 1], \varepsilon > 0.$$

We have $\varphi_0 = f$ and by [21, Lemma 2.9],

$$\begin{aligned} \varphi_1^\varepsilon(y) - f(x) &\leq \frac{1}{2} \left\{ \rho(x, y)^2 + \varepsilon \|(L_0 f)^+\|_\infty + c_1 \varepsilon^{\frac{1}{2}} \|\nabla f\|_\infty^2 \right\}, \\ \mu_0(f - \varphi_1^\varepsilon) &\leq \frac{1}{2} \mu_0(|\nabla f|^2) + c_1 \varepsilon^{-1} \|\nabla f\|_\infty^4. \end{aligned}$$

Since $L_0 f = \rho_{t,r} - 1$, this and the integration by parts formula imply

$$\begin{aligned} (4.2) \quad &\frac{1}{2} \mathbb{W}_2(\mu_{t,r}, \mu_0)^2 + \varepsilon \|\rho_{t,r} - 1\|_\infty + c_1 \varepsilon^{\frac{1}{2}} \|\nabla f\|_\infty^2 \geq \mu_0(\varphi_1^\varepsilon) - \mu_{t,r}(f) \\ &= \mu_0(\varphi_1^\varepsilon - f) - \mu_0(f L_0 f) \geq \frac{1}{2} \mu_0(|\nabla L_0^{-1} f|^2) - c_1 \varepsilon^{-1} \|\nabla f\|_\infty^4, \quad \varepsilon > 0. \end{aligned}$$

Next, by Lemma 2.1(1) for $p = \infty$ and (2.12), we find constants $c_2, c_3, c_4 > 0$ such that

$$\begin{aligned}\|\nabla f\|_\infty &= \|\nabla L_0^{-1}(\rho_{t,r} - 1)\|_\infty \leq \int_0^\infty \|\nabla P_s^0(\rho_{t,r} - 1)\|_\infty ds \\ &\leq c_2 \int_0^\infty (1 + s^{-\frac{1}{2}}) \|P_{s/2}^0(\rho_{t,r} - 1)\|_\infty ds \\ &\leq c_3 \|\rho_{t,r} - 1\|_\infty \int_0^\infty (1 + s^{-\frac{1}{2}}) e^{-(\lambda_1 - \lambda_0)s/2} ds \leq c_4 \|\rho_{t,r} - 1\|_\infty.\end{aligned}$$

Combining this with (4.2) we find a constant $c_5 > 0$ such that

$$\mathbb{W}_2(\mu_{t,r}, \mu_0)^2 \geq \mu_0(|\nabla L_0^{-1}f|^2) - c_5\{\varepsilon\|\rho_{t,r} - 1\|_\infty + \varepsilon^{\frac{1}{2}}\|\rho_{t,r} - 1\|_\infty^2 + \varepsilon^{-1}\|\rho_{t,r} - 1\|_\infty^4\}, \quad \varepsilon > 0.$$

By taking $\varepsilon = \|\rho_{t,r} - 1\|_\infty^{\frac{4}{3}}$ we finish the proof. \square

By Lemma 4.2, to derive a sharp lower bound of $\mathbb{W}_2(\mu_{t,r}, \mu_0)^2$, we need to estimate $\|\rho_{t,r} - 1\|_\infty$ and $\mathbb{E}^\nu[\mu_0(|\nabla L_0^{-1}(\rho_{t,r} - 1)|^2)|T < \tau]$, which are included in the following three lemmas.

Lemma 4.3. *For any $r > 0$ and $\nu = h\mu$ with $\|h\phi_0^{-1}\|_\infty < \infty$, there exists a constant $c(r) > 0$ such that*

$$\sup_{T \geq t} \mathbb{E}^\nu[\|\rho_{t,r} - 1\|_\infty^4 | T < \tau] \leq c(r)t^{-2}, \quad t \geq 1.$$

Proof. By Lemma 3.3 and (3.28), it suffices to prove for $\nu = \nu_0$ and $T = t$ replacing $T \geq t$, i.e. for a constant $c(r) > 0$ we have

$$(4.3) \quad \mathbb{E}^{\nu_0}[\|\rho_{t,r} - 1\|_\infty^4 | t < \tau] \leq c(r)t^{-2}, \quad t \geq 1.$$

By (3.19), (2.8), (2.12), and $\|\phi_0^{-1}\|_{L^2(\mu_0)} = 1$, we find a constant $c_1 > 0$ such that

$$\begin{aligned}\mathbb{E}^{\nu_0}[1_{\{r_1 < \tau\}} |g_s(r_1, r_2)|^2] \\ \leq c_1 e^{-\lambda_0(2s - \lambda_1)} \|\hat{\phi}_m\|_\infty^4 \{e^{-(\lambda_m - \lambda_0)(r_2 - r_1)} + e^{-(\lambda_1 - \lambda_0)(s - r_2)}\}, \quad s > r_2 > r_1 > 0.\end{aligned}$$

By (3.18) and $\mathbb{P}^{\nu_0}(t < \tau) \geq c_0 e^{-\lambda_0 t}$ for some constant $c_0 > 0$ and all $t \geq 1$, this implies

$$\mathbb{E}^{\nu_0}[|\psi_m(t)|^4 | t < \tau] := \frac{\mathbb{E}^{\nu_0}[|\psi_m(t)|^4 1_{\{t < \tau\}}]}{P^{\nu_0}(t < \tau)} \leq c_2 \|\hat{\phi}_m\|_\infty^4 t^{-2}, \quad m \geq 1, t > 1$$

for some constant $c_2 > 0$. Combining with (3.2) gives

$$\begin{aligned}\mathbb{E}^{\nu_0}[\|\rho_{t,r} - 1\|_\infty^4 | t < \tau] \\ \leq \left(\sum_{m=1}^\infty e^{-(\lambda_m - \lambda_0)r} \|\hat{\phi}_m\|_\infty^{\frac{4}{3}} \right)^3 \sum_{m=1}^\infty e^{-(\lambda_m - \lambda_0)r} e^{\lambda_0 t} \mathbb{E}^{\nu_0}[1_{\{r_1 < \tau\}} |\psi_m(t)|^4] \\ \leq \left(\sum_{m=1}^\infty e^{-(\lambda_m - \lambda_0)r} \|\hat{\phi}_m\|_\infty^{\frac{4}{3}} \right)^3 c_2 t^{-2} \sum_{m=1}^\infty e^{-(\lambda_m - \lambda_0)r} \|\hat{\phi}_m\|_\infty^4.\end{aligned}$$

By (2.1) and (2.14), this implies (4.3) for some constant $c(r) > 0$. \square

Lemma 4.4. *Let $\nu = h\mu$ with $\|h\phi_0^{-1}\|_\infty < \infty$. Then for any $r > 0$ there exists a constant $c(r) > 0$ such that*

$$\sup_{T \geq t} \left| t\mathbb{E}^\nu [\mu_0(|\nabla L_0^{-1}(\rho_{t,r} - 1)|^2) | T < \tau] - 2 \sum_{m=1}^{\infty} \frac{e^{-2(\lambda_m - \lambda_0)r}}{(\lambda_m - \lambda_0)^2} \right| \leq \frac{c(r)}{t}, t \geq 1.$$

Proof. Let $\{J_i : i = 1, 2, 3\}$ be in (3.6). By (2.12), (2.14), and $\|\hat{\phi}_m\|_{L^2(\mu_0)} = 1$, we find a constant $c_1 > 0$ such that for any $T \geq t \geq s_2 \geq s_1 > 0$,

$$\begin{aligned} |J_1(s_1, s_2)| &\leq \|h\phi_0^{-1}\|_\infty \|P_{s_1}^0 - \mu_0\|_{L^\infty(\mu_0)} \|\phi_m \phi_0^{-1}\|_\infty^2 \|P_{T-s_2}^0 - \mu_0\|_{L^1(\mu_0)} \|\phi_0^{-1}\|_{L^1(\mu_0)} \\ &\leq c_1 \|\phi_m \phi_0^{-1}\|_\infty^2 e^{-(\lambda_1 - \lambda_0)(t+s_1-s_2)}, \\ |J_2(s_1, s_2)| &\leq \|\phi_0\|_\infty e^{-(\lambda_m - \lambda_0)(s_2-s_1)} \|h\phi_0^{-1}\|_\infty \|P_{s_1}^0 - \mu_0\|_{L^\infty(\mu_0)} \\ &\leq c_1 e^{-(\lambda_1 - \lambda_0)s_2}, \\ |J_3(s_1, s_2)| &\leq \|\phi_0\|_\infty e^{-(\lambda_m - \lambda_0)(s_2-s_1)} \|\phi_m \phi_0^{-1}\|_\infty^2 \|P_{T-s_2}^0 - \mu_0\|_{L^1(\mu_0)} \|\phi_0^{-1}\|_{L^1(\mu_0)} \\ &\leq c_1 \|\phi_m \phi_0^{-1}\|_\infty^2 e^{-(\lambda_1 - \lambda_0)(t-s_1)}. \end{aligned}$$

Substituting these into (3.7) and applying (2.1) and (2.14), we find a constant $c(r) > 0$ such that the desired estimate holds. \square

Lemma 4.5. *Let $\nu = h\mu$ with $\|h\phi_0^{-1}\|_\infty < \infty$. Then for any $r > 0$ and $p \geq 2$, there exists a constant $c(r, p) > 0$ such that*

$$\|\nabla L_0^{-1}(\rho_{t,r} - 1)|^{2p}\|_{L^{2p}(\mu_0)} \leq c(r, p), \quad t > 0.$$

Proof. Since $\rho_{t,r} = \frac{1}{t} \int_0^t p_r^0(X_s, \cdot) ds$, we have $\mu_0(\rho_{t,r}) = 1$ and $\|\rho_{t,r}\|_\infty \leq \|p_r^0\|_\infty < \infty$. Then by (2.12) and $\|\phi_0^{-1}\|_{L^2(\mu_0)} = 1$, we find a constant $c_1(r) > 0$ such that

$$\begin{aligned} \mu_0(\phi_0^{-1}\{P_{\frac{s}{4}}^0 | P_{\frac{3s}{4}}^0(\rho_{t,r} - 1)|^p\}^2) &\leq \|\phi_0^{-1}\|_{L^2(\mu_0)} \|(P_{\frac{3s}{4}}^0 - \mu_0)\rho_{t,r}\|_{L^{4p}(\mu_0)}^{2p} \\ &\leq \|P_{\frac{3s}{4}}^0 - \mu_0\|_{L^{4p}(\mu_0)}^{2p} \|\rho_{t,r}\|_\infty^{2p} \leq c_1(r) e^{-3(\lambda_1 - \lambda_0)s}. \end{aligned}$$

Combining this with (3.22) for $\varepsilon = 1$ and $\theta \in (0, \frac{1}{\lambda_1 - \lambda_0})$, we finish the proof. \square

Finally, since $\mu_{t,r} = \mu_t P_r^0$, to derive a lower bound of $\mathbb{W}_2(\mu_t, \mu_0)$ from that of $\mathbb{W}_2(\mu_{t,r}, \mu_0)$, we present the following result.

Lemma 4.6. *There exist two constants $K_1, K_2 > 0$ such that for any probability measures μ_1, μ_2 on M° ,*

$$(4.4) \quad \mathbb{W}_2(\mu_1 P_t^0, \mu_2 P_t^0) \leq K_1 e^{K_2 t} \mathbb{W}_2(\mu_1, \mu_2), \quad t \geq 0.$$

When ∂M is convex, this estimate holds for $K_1 = 1$.

Proof. When ∂M is convex, by [20, Lemma 2.16], there exists a constant K such that

$$\text{Ric} - \text{Hess}_{V+2\log\phi_0} \geq -K,$$

so that the desired estimate holds for $K_1 = 1$ and $K_2 = K$, see [14].

In general, following the line of [18], we make the boundary from non-convex to convex by using a conformal change of metric. Let N be the inward normal unit vector field of ∂M . Then the second fundamental form of ∂M is a two-tensor on the tangent space of ∂M defined by

$$\mathbb{I}(X, Y) := -\langle \nabla_X N, Y \rangle, \quad X, Y \in T\partial M.$$

Since M is compact, we find a function $f \in C_b^\infty(M)$ such that $f \geq 1$, $N \parallel \nabla f$ on ∂M , and $N \log f|_{\partial M} + \mathbb{I}(u, u) \geq 0$ holds on ∂M for any $u \in T\partial M$ with $|u| = 1$. By [18, Lemma 2.1] or [19, Theorem 1.2.5], ∂M is convex under the metric

$$\langle \cdot, \cdot \rangle' = f^{-2} \langle \cdot, \cdot \rangle.$$

Let Δ' , ∇' and Hess' be the Laplacian, gradient and Hessian induced by the new metric $\langle \cdot, \cdot \rangle'$. We have $\nabla' = f^2 \nabla$ and (see (2.2) in [16])

$$L_0 = f^{-2} \Delta' + f^{-2} \nabla' \{V + 2 \log \phi_0 + (d-2)f^{-1}\}.$$

Then the L_0 -diffusion process X_t^0 with X_0^0 having distribution μ_1 can be constructed by solving the following Itô SDE on M° with metric $\langle \cdot, \cdot \rangle'$ (see [2])

$$(4.5) \quad d^I X_t^0 = \{f^{-2} \nabla' (V + 2 \log \phi_0 + (d-2)f^{-1})\}(X_t^0) dt + \sqrt{2} f^{-1}(X_t^0) U_t dB_t,$$

where B_t is the d -dimensional Brownian motion, and U_t is the horizontal lift of X_t^0 to the frame bundle $O'(M)$ with respect to the metric $\langle \cdot, \cdot \rangle'$.

Let Y_0^0 be a random variable independent of B_t with distribution μ_2 such that

$$(4.6) \quad \mathbb{W}_2(\mu_1, \mu_2)^2 = \mathbb{E}[\rho(X_0^0, Y_0^0)^2].$$

For any $x, y \in M^\circ$, let $P'_{x,y} : T_x M \rightarrow T_y M$ be the parallel transform along the minimal geodesic from x to y induced by the metric $\langle \cdot, \cdot \rangle'$, which is contained in M° by the convexity. Consider the coupling by parallel displacement

$$(4.7) \quad d^I Y_t^0 = \{f^{-2} \nabla' (V + 2 \log \phi_0 + (d-2)f^{-1})\}(Y_t^0) dt + \sqrt{2} f^{-1}(Y_t^0) P'_{X_t^0, Y_t^0} U_t dB_t.$$

As explained in [2, Section 3], we may assume that $(M^\circ, \langle \cdot, \cdot \rangle')$ does not have cut-locus such that $P'_{x,y}$ is a smooth map, which ensures the existence and uniqueness of Y_t^0 . Since the distributions of X_0^0 and Y_0^0 are μ_1, μ_2 respectively, the law of (X_t^0, Y_t^0) is in the class $\mathcal{C}(\mu_1 P_t^0, \mu_2 P_t^0)$, so that

$$(4.8) \quad \mathbb{W}_2(\mu_1 P_t^0, \mu_2 P_t^0)^2 \leq \mathbb{E}[\rho(X_t^0, Y_t^0)^2], \quad t \geq 0.$$

Let $\rho'(x, y)$ be the Riemannian distance between x and y induced by $\langle \cdot, \cdot \rangle' := f^{-2} \langle \cdot, \cdot \rangle$. By $1 \leq f \in C_b^\infty(M)$ we have

$$(4.9) \quad \|f\|_\infty^{-1} \rho \leq \rho' \leq \rho.$$

Since except the term $f^{-2}\nabla'\log\phi_0$, all coefficients in the SDEs are in $C_b^\infty(M)$, by Itô's formula, there exists a constant K such that

$$(4.10) \quad d\rho'(X_t^0, Y_t^0)^2 \leq \{K\rho'(X_t^0, Y_t^0)^2 + I\}dt + dM_t,$$

where M_t is a martingale and

$$I := \langle (f^{-2}\nabla'\log\phi_0)(\gamma_1), \dot{\gamma}_1 \rangle' - \langle (f^{-2}\nabla'\log\phi_0)(\gamma_0), \dot{\gamma}_0 \rangle'.$$

Let $\gamma : [0, 1] \rightarrow M$ be the minimal geodesic from X_t^0 to Y_t^0 induced by the metric $\langle \cdot, \cdot \rangle'$, which is contained in M° by the convexity, we obtain

$$\begin{aligned} I &= \int_0^1 \frac{d}{ds} \langle (f^{-2}\nabla'\log\phi_0)(\gamma_s), \dot{\gamma}_s \rangle' ds \\ &= \int_0^1 \left\{ \frac{f^{-2}(\gamma_s) \text{Hess}'_{\phi_0}(\dot{\gamma}_s, \dot{\gamma}_s) + \langle \nabla' f^{-2}(\gamma_s), \dot{\gamma}_s \rangle' \langle \nabla' \phi_0(\gamma_s), \dot{\gamma}_s \rangle'}{\phi_0(\gamma_s)} - \frac{\{\langle \nabla' \phi_0(\gamma_s), \dot{\gamma}_s \rangle'\}^2}{(f^2 \phi_0^2)(\gamma_s)} \right\} ds \\ &\leq \int_0^1 \left\{ (\phi_0^{-1} f^{-2})(\gamma_s) \text{Hess}'_{\phi_0}(\dot{\gamma}_s, \dot{\gamma}_s) + \frac{f^2}{4} [\langle \nabla' f^{-2}(\gamma_s), \dot{\gamma}_s \rangle']^2 \right\} ds \leq C\rho'(X_t^0, Y_t^0)^2 \end{aligned}$$

for some constant $C > 0$, where the last step is due to $\langle \dot{\gamma}_s, \dot{\gamma}_s \rangle' = \rho'(X_t^0, Y_t^0)^2$, $1 \leq f \in C_b^\infty(M)$, and that by the proof of [20, Lemma 2.1] the convexity of ∂M under $\langle \cdot, \cdot \rangle'$ implies $\text{Hess}'_{\phi_0} \leq c\phi_0$ for some constant $c > 0$. This and (4.10) yield

$$\mathbb{E}[\rho'(X_t^0, Y_t^0)^2] \leq \mathbb{E}[\rho'(X_0^0, Y_0^0)^2]e^{(K+C)t}, \quad t \geq 0.$$

Combining this with (4.6) and (4.9), we prove (4.4) for some constant $K_1, K_2 > 0$. \square

We are now ready to prove the main result in this section.

Proof of Proposition 4.1. (a) According to (3.30), it suffices to prove for $\nu = h\mu$ with $\|h\phi_0^{-1}\|_\infty < \infty$. Let $r > 0$ be fixed. By Lemma 4.2, we obtain

$$\begin{aligned} (4.11) \quad t\mathbb{E}^\nu[\mathbb{W}_2(\mu_{t,r}, \mu_0)^2 | T < \tau] &\geq t\mathbb{E}^\nu[1_{\{\|\rho_{t,r}-1\|_\infty \leq \varepsilon\}} \mathbb{W}_2(\mu_{t,r}, \mu_0)^2 | T < \tau] \\ &\geq t\mathbb{E}^\nu[1_{\{\|\rho_{t,r}-1\|_\infty \leq \varepsilon\}} \mu_0(|\nabla L_0^{-1}(\rho_{t,r}-1)|^2) | T < \tau] - c\varepsilon^2 \\ &\geq t\mathbb{E}^\nu[\mu_0(|\nabla L_0^{-1}(\rho_{t,r}-1)|^2) | T < \tau] - c\varepsilon^2 \\ &\quad - t\mathbb{E}^\nu[1_{\{\|\rho_{t,r}-1\|_\infty > \varepsilon\}} \mu_0(|\nabla L_0^{-1}(\rho_{t,r}-1)|^2) | T < \tau], \quad \varepsilon > 0, T \geq t. \end{aligned}$$

By Lemma 4.3 and Lemma 4.5 with $p = 3$, we find some constants $c_1, c_2 > 0$ such that

$$\begin{aligned} t\mathbb{E}^\nu[1_{\{\|\rho_{t,r}-1\|_\infty > \varepsilon\}} \mu_0(|\nabla L_0^{-1}(\rho_{t,r}-1)|^2) | T < \tau] &\leq c_1 t \{\mathbb{P}^\nu(\|\rho_{t,r}-1\|_\infty > \varepsilon | T < \tau)\}^{\frac{2}{3}} \\ &\leq c_1 t \varepsilon^{-\frac{8}{3}} \{\mathbb{E}^\nu(\|\rho_{t,r}-1\|_\infty^4 | T < \tau)\}^{\frac{2}{3}} \leq c_2 \varepsilon^{-\frac{8}{3}} t^{-\frac{1}{3}}, \quad T \geq t. \end{aligned}$$

Combining this with (4.11) and Lemma 4.4, we find a constant $c_3 > 0$ such that

$$t\mathbb{E}^\nu[\mathbb{W}_2(\mu_{t,r}, \mu_0)^2 | T < \tau] \geq t\mathbb{E}^\nu[\mu_0(|\nabla L_0^{-1}(\rho_{t,r}-1)|^2) | T < \tau] - \varepsilon_t$$

$$\geq 2 \sum_{m=1}^{\infty} \frac{e^{-2(\lambda_m - \lambda_0)r}}{(\lambda_m - \lambda_0)^2} - \varepsilon_t - c_3 t^{-1}, \quad T \geq t \geq 1,$$

where

$$\varepsilon_t := \inf_{\varepsilon > 0} \{c\varepsilon^2 + c_2 \varepsilon^{-\frac{8}{3}} t^{-\frac{1}{3}}\} \rightarrow 0 \text{ as } t \rightarrow \infty.$$

Therefore,

$$\liminf_{t \rightarrow \infty} \inf_{T \geq t} \left\{ t E^\nu [\mathbb{W}_2(\mu_{t,r}, \mu_0)^2 | T < \tau] \right\} \geq 2 \sum_{m=1}^{\infty} \frac{e^{-2(\lambda_m - \lambda_0)r}}{(\lambda_m - \lambda_0)^2}, \quad r > 0.$$

Combining this with Lemma 4.6, we derive

$$\liminf_{t \rightarrow \infty} \inf_{T \geq t} \left\{ t E^\nu [\mathbb{W}_2(\mu_t, \mu_0)^2 | T < \tau] \right\} \geq 2K_1^{-1} e^{-K_1 r} \sum_{m=1}^{\infty} \frac{e^{-2(\lambda_m - \lambda_0)r}}{(\lambda_m - \lambda_0)^2}, \quad r > 0.$$

Letting $r \rightarrow 0$ we prove (1.2) for $c = K_1^{-1}$. By Lemma 4.6, we may take $c = 1$ when ∂M is convex.

(b) The second assertion can be proved as in [21, Subsection 4.2]. For any $t \geq 1$ and $N \in \mathbb{N}$, let $\mu_N := \frac{1}{N} \sum_{i=1}^N \delta_{X_{t_i}}$, where $t_i := \frac{(i-1)t}{N}$, $1 \leq i \leq N$. [10, Proposition 4.2] (see also [9, Corollary 12.14]) implies

$$(4.12) \quad \mathbb{W}_1(\mu_N, \mu_0)^2 \geq c_0 N^{-\frac{2}{d}}, \quad N \in \mathbb{N}, t \geq 1$$

for some constant $c_0 > 0$. Write

$$\mu_t = \frac{1}{N} \sum_{i=1}^N \frac{N}{t} \int_{t_i}^{t_{i+1}} \delta_{X_s} ds.$$

By the convexity of \mathbb{W}_2^2 , which follows from the Kantorovich dual formula, we have

$$(4.13) \quad \mathbb{W}_2(\mu_N, \mu_t)^2 \leq \frac{1}{N} \sum_{i=1}^N \frac{N}{t} \int_{t_i}^{t_{i+1}} \mathbb{W}_2(\delta_{X_{t_i}}, \delta_{X_s})^2 ds = \frac{1}{t} \sum_{i=1}^N \int_{t_i}^{t_{i+1}} \rho(X_{t_i}, X_s)^2 ds$$

On the other hand, by the Markov property,

$$(4.14) \quad \mathbb{E}^\nu [\rho(X_{t_i}, X_s)^2 1_{\{T < \tau\}}] = \mathbb{E}^\nu [1_{\{t_i < \tau\}} P_{s-t_i}^D \{\rho(X_{t_i}, \cdot)^2 P_{T-s}^D 1\}(X_{t_i})].$$

Since $P_t^D 1 \leq c_1 e^{-\lambda_0 t}$ for some constant $c_1 > 0$ and all $t \geq 0$, (2.7) implies

$$(4.15) \quad \begin{aligned} & P_{s-t_i}^D \{\rho(x, \cdot)^2 P_{T-s}^D 1\}(x) \\ & \leq c_1 e^{-\lambda_0(T-s)} P_{s-t_i}^D \rho(x, \cdot)^2(x) \leq c_1 e^{-\lambda_0(T-s)} \phi_0(x) P_{s-t_i}^0 \{\rho(x, \cdot)^2 \phi_0^{-1}\}(x). \end{aligned}$$

It is easy to see that

$$L_0 \{\rho(x, \cdot)^2 \phi_0^{-1}\} \leq c_2 \phi_0^{-2}$$

holds on M° for some constant $c_2 > 0$. So, by (2.18), we find a constant $c_3 > 0$ such that

$$P_{s-t_i}^0 \{\rho(x, \cdot)^2 \phi_0^{-1}\}(x) \leq c_2 \mathbb{E}^x \int_0^{s-t_i} \phi_0^{-2}(X_r) dr \leq c_3(s-t_i) \log(1 + \phi_0^{-1}(x)).$$

Combining this with (4.14) and (4.15), and using $P_t^D 1 \leq c_1 e^{-\lambda_0 t}$ observed above, we find a constant $c_5 > 0$ such that

$$\begin{aligned} \mathbb{E}^\nu[\rho(X_{t_i}, X_s)^2 1_{\{T < \tau\}}] &\leq c_4 e^{-\lambda_0 T} \nu(\log(1 + \phi_0^{-1}))(s-t_i) \\ &\leq c_4 \|h\phi_0^{-1}\|_\infty \mu(\phi_0 \log(1 + \log \phi_0^{-1}))(s-t_i) e^{-\lambda_0 T} \leq c_5(s-t_i) e^{-\lambda_0 T}, \quad s \geq t_i. \end{aligned}$$

Since $\mathbb{P}^\nu(T < \tau) \geq c_0 e^{-\lambda_0 T}$ for some constant $c_0 > 0$ and all $T \geq 1$, we find a constant $c > 0$ such that

$$\mathbb{E}^\nu[\rho(X_{t_i}, X_s)^2 | T < \tau] \leq c(s-t_i), \quad s \geq t_i.$$

Combining this with (4.12) and (4.13), we find a constant $c_6 > 0$ such that

$$\mathbb{E}^\nu[\mathbb{W}_1(\mu_t, \mu_0)^2 | T < \tau] \geq \frac{c_1}{2} N^{-\frac{2}{d}} - c_6 t N^{-1}, \quad T \geq t.$$

Taking $N = \sup\{i \in \mathbb{N} : i \leq \alpha t^{\frac{d}{d-2}}\}$ for some $\alpha > 0$, we derive

$$t^{\frac{2}{d-2}} \inf_{T \geq t} \{\mathbb{E}^\nu[\mathbb{W}_1(\mu_0, \mu_t)^2 | T < \tau]\} \geq \frac{c_2}{2\alpha^{\frac{2}{d}}} - \frac{2c'}{\alpha}, \quad t \geq 1.$$

Therefore,

$$t^{\frac{2}{d-2}} \inf_{T \geq t} \mathbb{E}^\nu[\mathbb{W}_1(\mu_0, \mu_t)^2 | T < \tau] \geq \sup_{\alpha > 0} \left(\frac{c_2}{2\alpha^{\frac{2}{d}}} - \frac{2c'}{\alpha} \right) > 0, \quad t \geq 1.$$

□

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